

ORDERING IS NOW ONLINE THROUGH QKR AND OUR PREFERRED PAYMENT METHOD

KILBERRY VALLEY PRIMARY

CANTEEN MENU

OPEN TUESDAY, THURSDAY AND FRIDAY

HEARTY HOT FOOD

Lasagne 97% fat free	\$6.10	☺☺☺
Macaroni Cheese 97% fat free	\$6.10	☺☺☺
Vegetarian Fried Rice 97% fat free	\$6.10	☺☺☺VH
Dim Sims Steamed	\$1.20	☺☺☺
Potato Cake	\$1.20	☺☺
Hot Noodles Chicken or Beef	\$3.50	☺☺
Chicken crumbed tender	\$2.70	☺☺GF
Hot Dog	\$4.50	☺☺
Beef Cheese Burger, Lettuce and Sauce	\$6.30	☺☺☺H
Chicken and Cheese Burger, Lettuce and May	\$6.30	☺☺☺H
Gluten Free Hot Dog (no roll)	\$3.50	☺☺GF
Chicken Breast Nugget - Bag of 3	\$4.20	☺☺H
Chicken Breast Nugget - Bag of 6	\$7.50	☺☺H
Lite N Up Beef Pie	\$6.10	☺☺
Lite N Up Sausage Roll	\$5.50	☺☺
Lite N Up Snack Party Pie	\$1.50	☺☺

All pies heart foundation approved, low GI, reduced fat

TASTY JAFFLES

Baked Bean and Cheese	\$4.50	☺☺☺V
Spaghetti	\$4.00	☺☺☺V
Cheese	\$4.00	☺☺☺V
Ham and Cheese	\$5.00	☺☺☺

You can now order lunch on-line through QKR

Download the App at the App Store or Google Play

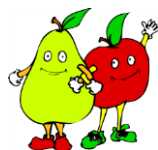
Preferred Payment Method



SPECIAL SNACKS

Popcorn, Butter or Slightly Sweet	\$2.00	☺☺GF
Chips Honey/Soy or Salt Vinegar	\$2.00	☺☺
Choc Chip Cookies	\$3.00	☺☺
Gingerbread	\$2.20	☺☺
Ovalteenies	\$1.40	☺☺
Yoghurt Frogs (5 pack)	\$1.00	☺☺
Sun Fruits	\$1.00	☺☺
Red Licorice	\$1.00	☺☺
Homemade Mini Muffin	\$1.20	☺☺
Veggie Cup with Dip	\$2.20	☺☺☺GF
Fruit Salad Cup	\$2.30	☺☺☺GF

- ☺☺☺ Every Day Foods
- ☺☺ Select Carefully foods
- V Denotes Vegetarian
- GF Denotes Gluten Free.
- H Denotes Halal



PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

SUPER SANDWICHES AND SALADS

Sandwich		
Vegemite	\$2.50	☺☺☺V
Cheese	\$2.60	☺☺☺V
Ham (97% fat free)	\$3.60	☺☺
Ham (97% fat free) and Salad	\$5.10	☺☺
Ham & Cheese	\$4.50	☺☺
Roast Chicken	\$4.50	☺☺☺
Roast Chicken & Salad	\$5.30	☺☺☺
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$4.50	☺☺☺V
Egg & Lettuce	\$3.70	☺☺☺V
Rolls or Wraps extra	\$0.80	
***All sandwiches on wholemeal bread ***		
White bread available on request		
FRESH MADE SALAD BOXES		
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$5.00 Regular	☺☺☺GF
Add beetroot	\$0.50	
Add egg	\$1.20	
Add Chicken or Ham	\$1.30	

EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.50	☺☺
LUNCH BAGS	\$0.30	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS

600ml Water	\$3.15	☺☺☺GF
250ml Milk (reduced Fat) Chocolate, Strawberry	\$3.45	☺☺☺GF
100% Fruit Juice 250ml	\$3.35	☺☺☺GF
Apple or Tropical		
Chill J Sparkling 100% Fruit Drink	\$3.35	☺☺GF
Grape, Watermelon, Lemonade, Raspberry		

FROZEN TREATS

Frozen 100% Juice Tubes	\$1.20	☺☺☺GF
Frozen Skim Milk Tubes (Choc or Blue)	\$2.70	☺☺☺GF
Frozen Pineapple and Watermelon	\$0.80	☺☺☺GF
Twisted Frozen Yoghurt Choc/Van or		
Mango/W'Melon/ Strawberry	\$3.10	☺☺☺GF
Streets Paddle Pop Rainbow	\$2.60	☺☺

PRICES SUBJECT TO CHANGE

EFFECTIVE JANUARY 2024

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE CLEARLY MARK BAG