Dear Parents,

**World Teachers Day – Friday 31st October**
The Department of Education and Early Childhood Development along with the Victorian Institute for Teaching celebrate World Teachers Day each year at this time.

At Kilberry Valley we have two types of staff, Teachers and Education Support staff. Though there are differences in responsibilities and expectations from each sector, we work together as one staff for the betterment of each student at Kilberry Valley.

So this Friday, whether staff are teachers or ES staff, we celebrate together to encourage, appreciate and thank each other for the work being done to ensure the best opportunities are available for your children.

Having been a teacher (Yes, principals were teachers once) for some time now, the best encouragement we can receive is a note of thanks, a smile or an encouraging word.

Therefore, if you have been meaning to write that little note of thanks to a staff member at school but just haven’t got around to it, why not do it this week?

I have worked in many schools over my career with some amazing staff members who go that bit extra to ensure your children get that word of encouragement at the right time, or who give their time to talk to your child just when it was needed, or gave that extra to assist with an issue your child was having socially or academically, or to encourage their excellent work. I am well aware many of you do this regularly and I assure you this is very much appreciated and valued and it makes the Kilberry community such a supportive and encouraging one for everyone.

So why not make a staff member’s day this Friday and give them the encouragement they deserve with a little recognition of the wonderful work they do for your children.

**Kilberry Community Carnival – Saturday 15th November 2014 – 2 1/2 weeks to Go!!**
Time is marching on and the organisations for the Kilberry Community Carnival are in full swing. Jacinta Parkinson has led the charge and has many wonderful opportunities for everyone to enjoy themselves on Saturday 15th November from 10.00am till 4.00pm in the beautiful sunshine!! (fingers crossed) Jacinta still requires more volunteers though to ensure everyone has only a short stint on various stalls and are also able to have time enjoying the events with their own families. If you can spare some time on the day please contact Jacinta – her contact is further on in the Valley Views this week.
Prep Transition Program
This started with a large number of parents taking the opportunity to come to the staffroom and talk with Mrs Taylor about the school curriculum and our focus at Kilberry Valley.
Today’s session was outlining our approach to Numeracy across the school. The next two weeks will focus on the Literacy Program and then finish up with Welfare aspects at Kilberry along with ideas of how to best use the items that will be coming home in the Prep Pack on the last day of transition. I trust you will continue to come along to ensure you get an informed picture of how your child will start their schooling at Kilberry.

We have a very strong 2015 Prep enrolment at this stage with 124 on the books, but, if there are any parents who have not enrolled their children in school next year, please do so as soon as possible to ensure we have accurate numbers from which to plan.

School is Open on Monday 3rd November
Just informing/reminding you that there is school this Monday.

<table>
<thead>
<tr>
<th>Time</th>
<th>Scheduled Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00-11.00</td>
<td><strong>Prep – 2 Fashions on the Field (on sheltered basketball court)</strong> Line up in Grades on basketball court in two columns, facing the flagpole, with a “runway” down the middle. - All students who are dressed can participate in the parade –</td>
</tr>
<tr>
<td>12.10-12.40</td>
<td><strong>Picnic Lunch on oval for Prep - 2</strong> - Students can bring a snack to share with the grade. – families invited</td>
</tr>
<tr>
<td>12.35</td>
<td><strong>Running of the Gr 6 Kilberry Cup on Oval</strong></td>
</tr>
<tr>
<td>12.40-1.10</td>
<td><strong>Picnic Lunch on oval for 3-6</strong> - Students can bring a snack to share with the grade. - Families invited</td>
</tr>
<tr>
<td>1:15</td>
<td><strong>Phantom Call over P.A.</strong></td>
</tr>
<tr>
<td>2.00-3.00</td>
<td><strong>Grade 3-6 Fashions on the Field (on sheltered basketball court)</strong> - Line up in Grades on basketball court in two columns, facing the flagpole, with a “runway” down the middle. - All students who are dressed</td>
</tr>
</tbody>
</table>

Have a great week and keep smiling!

Neil Cunningham
Principal

Kilberry Valley Community Carnival

To make this day successful, we need your help! If you could volunteer some time to assist on the day or the evening before, please go to: http://vols.pt/Pc68Uj to sign up. Should you have any questions, please email Jacinta Parkinson
| Prep AM  | Sienna  |
| Prep CA  | Latoya  |
| Prep PD  | Pearl   |
| 1CC      | Annie   |
| 1CT      | Connor  |
| 1JT      | Matthew |
| 1LG      | Roshni  |
| 1LT      | Pragna  |
| 1RB      | Arjun   |
| 2CT      | Bella-Marie |
| 2DK      | Xavier  |
| 2SD      | Sanad   |
| 34C      | Tessa   |
| 3JP      | Monica  |
| 3JW      | Haema   |
| 3RC      | Tyler   |
| 3SW      | Kailee  |
| 3YH      | Suryaja |
| 4LM      | Nethaya |
| 4TT      | Thevini |
| 6AH      | Delini  |
| 6JM      | Dwain   |

**Student Birthdays**

27th October to 2nd November, 2014

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Max</td>
<td>0PD</td>
</tr>
<tr>
<td>Daniel</td>
<td>0PD</td>
</tr>
<tr>
<td>Olivia</td>
<td>1CT</td>
</tr>
<tr>
<td>Precious</td>
<td>1CT</td>
</tr>
<tr>
<td>Thesara</td>
<td>2JB</td>
</tr>
<tr>
<td>Haema</td>
<td>3JW</td>
</tr>
<tr>
<td>Afrah</td>
<td>3RC</td>
</tr>
<tr>
<td>Tiger</td>
<td>4LM</td>
</tr>
<tr>
<td>Manmeet Kaur</td>
<td>5AC</td>
</tr>
<tr>
<td>Hristina</td>
<td>5CA</td>
</tr>
<tr>
<td>Brynee</td>
<td>5RF</td>
</tr>
<tr>
<td>Yasemin</td>
<td>6JM</td>
</tr>
</tbody>
</table>

**EXITING STUDENTS**

If your family intends to leave Kilberry Valley at the end of the 2014 school year, would you please contact the School Office on 9702 8688 as soon as possible as this will assist us with planning for 2015.

Alternately, if you know of any families who are interested in enrolling at Kilberry Valley for 2015, please ask them to contact the School Office on 9702 8688.

Thank you

**TUESDAY 4TH NOVEMBER**

MELBOURNE CUP DAY
PUBLIC HOLIDAY
STUDENTS DO NOT ATTEND

**SECOND HAND SCHOOL UNIFORM**

Every Tuesday and Thursday
3.15pm—3.45pm
$ 2.00 per item of clothing

**REMEMBRANCE DAY 2014**

Remembrance Day is on
11th November, 2014.
We have Poppies on sale at the School Office priced at 50cents each. Proceeds from this appeal are used in welfare work carried out by the Dandenong RSL.

LEST WE FORGET

Just a reminder...

Please be respectful of our neighbouring houses and to ensure you don’t park on their nature strip or across driveways.
This week (Week 3) Yr 4 classes at Kilberry have been studying Symmetry and Tessellations in Mathematics. Some of our activities have included: working with geoboards and elastic bands (A); mirror tools to investigate geometric shapes (B); foam pattern blocks and mosaics (C); Verti-blocs (D); colourful building blocks and pattern sheets (E).

Here are a few photos of the students hard at work.
Breakfast Club

This FRIDAY there will be FREE toast for ALL students!

Time: 8:30-8:55am
Day: FRIDAY mornings
Place: Gym
Cost: FREE for all students
10c for all additional meals

We are always looking for parent helpers. If you have a current WWCC (Working With Children’s Check) and would like to help us out on FRIDAY Mornings please contact Mrs Cavanagh in the new Gym. (Please note that this is a non profit program- all money collected is spent on buying items for our Breakfast Club)

PEANUT ALLERGIES:
Unfortunately we are unable to offer Breakfast Club to children with nut allergies. Although we do not serve ‘nut foods’, we cannot guarantee that our kitchen is a completely ‘Nut Free Zone’. Thank you for your understanding.

Healthy Recipe of the Week

Tuna Nicoise Salad with Wholegrain Croutons

Ingredients

- 500g chat potatoes, quartered
- 4 eggs
- 200 baby green beans, ends trimmed
- 2 slices wholegrain bread, crusts removed
- Olive oil cooking spray
- 1 small Cos lettuce
- 425g can tuna in springwater
- 200g grape or cherry tomatoes, halved
- 8 pitted black olives
- 1/3 cup 99% fat free French dressing

Method

1. Boil, steam or microwave potatoes until just tender, drain.
2. Place eggs in a small saucepan, cover with cold water and bring to the boil. Boil 5 minutes then drain and rinse under cold water. Peel shells from eggs and cut into halves.
3. Cover beans with boiling water, stand 1 minute then drain, refresh under cold water and drain again.
4. To make croutons, tear bread slices into small pieces, spread over an oven tray and spray with cooking spray. Place under a preheated grill for 1-2 minutes until crisp and golden.
5. Divide lettuce leaves between 4 serving bowls, top with flaked tuna, potatoes, eggs, beans, tomatoes and olives.

Please email: cavanagh.jacqueline.j@edumail.vic.gov.au with any recipes for healthy meals or lunches.

WAYS TO INCLUDE CALCIUM IN YOUR DIET

1. Cereal (containing little added sugar - less than 5g of sugar per serve), is a great breakfast food or for quick snacks. Serve with hot or cold milk for variety!
2. Encourage a glass of milk with dinner.
3. Freeze low fat milk based drinks for school lunches. A great way to keep the lunchbox cool on warmer days.
4. Make smoothies with low fat yoghurt, milk, fruit and ice.
5. Freeze low fat yoghurts for lunchboxes or dessert.
6. Cut low fat cheese slices into different shapes for a varied lunchbox snack.
7. Plain low fat ice-cream and custard are a yummy and popular dessert choice and can be enjoyed regularly.
8. Dollop low fat yoghurt and/or cheese on baked potatoes or for soup. Soup can also be made using low fat milk.
9. Be a good role model! Kids make many food choices by watching their parents.

HAVE A HAPPY AND HEALTHY WEEK
MRS CAVANAGH
Dear Parents/Guardians,

Your School Council has given careful consideration to student booklists and requisites for 2015. The school has developed this booklist in conjunction with teachers and our School Council endorsed supplier. All monies will be required to be fully paid prior to the end of the 2014 school year. The book pack, curriculum materials and voluntary contributions has been divided into 2 sections. All supplies will be delivered directly to your child’s grade in the new year. Implementing this payment structure is the CHEAPEST and SUREST way of having ALL children commence the school year with the SAME high quality supplies. This will assist with a smooth start to the school year for everyone.

NO CHANGE FROM THE 2014 COSTS DUE TO A GREAT DEAL WITH OUR SUPPLIER.

This structure conforms to the Government Policy where parents are required to provide such items as text books, dictionaries, calculators, student stationery, materials for electives, Art supplies, diaries etc and programs provided by outside specialists eg Mathletics, Spellodrome and SuperClubs.

Section A: $130.00
Booklist items and curriculum supplies (Essential Items) which are a critical part of the school budget. The funds we receive from the State Government covers salaries, administration, telephone, gas, electricity and property maintenance only.

Curriculum supplies are provided to the school in bulk and cover such items as paper, art materials, first aid supplies, developmental curriculum requisites, computer programs and IPAD applications. As you would be aware the children participate in computer programs and as we are no longer able to have these as a free trial there has to be a cost passed on to the students.

The school encourages all parents to use the school provided items as a means of ensuring their child has the exact materials required. Please note that the option of purchasing specific items from the school and others from alternative sources is unavailable.

Section B: Voluntary Contribution
The school community is working hard at developing our classroom programs, resources, grounds development and Information Technology resources.

The support of all families will ensure that high quality programs will continue to be provided for your child. Most importantly the community can feel proud of the high level of support you have given to your child’s education.

School Council has been mindful in keeping contributions to a minimum while endeavouring to provide the best possible educational opportunities. With this in mind there has been no increase in the requested contribution from $60 if paid prior to the end of the 2014 school year. **If paid in 2015 the amount is $65.00.**

Total Amount $195.00—less than $1.00 per day.

Neil Cunningham
Principal
WORKING WITH CHILDREN CHECK

We would like to remind parents who are interested in helping at the school in any way, that you will require a Working With Children Check.

YOU CANNOT ASSIST IN ANY CAPACITY WITHIN THE SCHOOL UNLESS YOU HAVE A WORKING WITH CHILDREN CHECK.

THIS INCLUDES EXCURSIONS, INCURSIONS & CLASSROOM HELP.

There is no cost involved.

Application forms can be accessed by visiting the Department of Justice website at www.justice.vic.gov.au and follow the link for Licences and Certificates.

Once you have received your Working With Children Check card, bring it to the office to register and wear the card whenever you volunteer at the school.

This will ensure an even greater level of security for your children.

THANK YOU
Kilberry Community Carnival Update

We are currently looking for the following:
Stall holders! If you have a home based business or know someone who does, and would like to hold a stall at our Carnival, please send an expression of interest to Jacinta.kcc@gmail.com with your contact details and a description of the goods you would like to sell. No email? Then pick up an expression of interest form at the office & drop it back when completed.
Companies or small businesses that can help with:
general sponsorship to assist with the running of the event,
donation of BBQ supplies (sausages, bread sauce etc)
loan of equipment to be used on the day.
ie marquees, trestle tables
If you can assist, please also contact Jacinta Parkinson at Jacinta.kcc@gmail.com

To make this day successful, we need your help!
If you could volunteer some time to assist on the day or the evening before, please go to: http://vols.pt/Pc68Uj to sign up.
Should you have any questions, please email Jacinta Parkinson at: Jacinta.kcc@gmail.com
After School Care provides a safe environment for children to explore and play

About the program

After School Care promotes a healthy and active lifestyle, encourages friendships and supports children to develop new skills – all while having fun.

Kilberry Valley Primary School has partnered with Camp Australia, the leading provider of before and after school care in Australia. This high quality program embraces the schools values and builds on your child’s educational experience and individual interests.

The program combines active games with planned and unplanned play, quiet time, homework time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia staff who are on a mission to bring smiles to kids’ faces. As trained educators, we know lots of different ways to help your child get the most out of their day and feel good about themselves.

<table>
<thead>
<tr>
<th>Program</th>
<th>Times</th>
<th>Full fee</th>
<th>Out of Pocket*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before Care</td>
<td>7:00 AM - 8:45 AM</td>
<td>$17.12</td>
<td>$5.59 to $8.56</td>
</tr>
<tr>
<td>After Care</td>
<td>3:30 PM - 6:00 PM</td>
<td>$24.32</td>
<td>$7.92 to $12.16</td>
</tr>
</tbody>
</table>

The information outlined above covers the most common program times and fees. For a full listing of all program details and fees for the service, please visit our website. We have over 150 Holiday Clubs. Please use the Holiday Club finder on our website to find the most convenient service for you.

Next step

visit www.campaustralia.com.au and enter your school name in the school finder.

Notes on Fees and out of pocket:

Almost all Australian residents are eligible for some form of government rebate.

1. The Child Care Benefit (CCB) is income tested and scaled, resulting in a reduction of between 0% and 85% of session fees.
2. The Child Care Rebate (CCR) is not income tested and is available to almost all Australian families. It provides a rebate of 50% of fees owing after the CCB has been calculated and considered.

So that the CCB and CCR can be automatically applied to your account, you will need to provide your Centrelink Customer Reference Number (CRN) during the registration process. These can be obtained from the Family Assistance Office on 136150.

We look forward to caring for your children

www.campaustralia.com.au | 1300 105 343
Maramba Netball Club is now recruiting new players that would like to join our club for the Autumn 2015 Season – starting late January 2015.

We have teams entered through Casey Netball Association on Wednesday’s after school and Saturday mornings. Most games are held at Cranbourne Life Be In it Stadium, located in Cranbourne. Training is on Tuesday afternoons at Maramba Primary School Gymnasium (Maramba Drive, Narre Warren).

If you are interested, please come to a free training session on any Tuesday afternoon at the times below, in the Maramba Primary School Gymnasium, or come to our Registration Day.

<table>
<thead>
<tr>
<th>Current Training Times:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Set Go:</td>
<td>3.45pm to 4.30pm</td>
</tr>
<tr>
<td>9 &amp; under:</td>
<td>4.30pm to 5.15pm</td>
</tr>
<tr>
<td>11 &amp; under Med:</td>
<td>5.15pm to 6.00pm</td>
</tr>
<tr>
<td>Under 11 Open:</td>
<td>6.00pm to 6.45pm</td>
</tr>
<tr>
<td>Under 13’s:</td>
<td>6.00pm to 6.45pm</td>
</tr>
<tr>
<td>15 &amp; under:</td>
<td>6.45pm to 7.30pm</td>
</tr>
<tr>
<td>Under 17’s:</td>
<td>7.30pm to 8.30pm</td>
</tr>
</tbody>
</table>

All new and experienced girls and boys (boys up to under 13’s) are welcome!

We also welcome parents or anyone who is interested in coaching at Maramba Netball Club! If you are available to train on Tuesday afternoons, we would love to hear from you!

REGISTRATION DAY: Sunday 22nd November from 10am to 12noon at Maramba Primary School Gymnasium. There will be a sausage sizzle, coaches available for meet and greet and coaches running drills.

If you require any further information in relation to playing, coaching or costs of registration and uniforms, please contact our enrolment officer, Kris Finlay on 0418 402 819 or send an email to the president, Mike Hastings: spikehastings@gmail.com

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Women’s Friendship Cafe
Baptist Church
1 Orient Pl
Hampton Park

You are invited!

Thursdays 9am to 2pm, drop in, say ‘Hello’
All women welcome.

Tea and friendship free

Make new friends. Eat yummy lunches! $5
Join Budgeting classes
Get your Food Handling Certificate
Cook healthy food from around the world
Delicious meals that are cheap for the family
Have fun each week!
Kilberry Valley Primary School

Please Note:
The Department of Education and Early Childhood Development does not endorse the products or services of any private advertisers. No responsibility is accepted by DEECD for accuracy of information.

### KILBERRY VALLEY NOTICES SENT HOME

The following notices have been sent home to families and require your prompt attention:

**PREP EXCURSION (CHESTERFIELD FARM)**
Consent forms and payments are due by Thursday 30th October, 2014. The cost of this excursion is $20.

**GRADES 3 & 4 DANCE FOOTSTEPS**
Consent forms and payments are due by Friday 31st October, 2014. The cost of this activity is $14.

**GRADE 6 BRIARS OUTDOORS EDUCATION CAMP**
Consent forms and payment are due by Friday 7th November, 2014.

Students who do not return consent forms and payments by the closing date for incursions/excursions will not be able to participate in the activity. We would appreciate your support and co-operation with these matters. Thank you.

**LATE PAYMENTS CANNOT BE ACCEPTED**

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**WELFARE CORNER**

**Avoid escalating conflicts**

In any family there are bound to be conflicts and arguments. When conflict is handled constructively it can help to strengthen relationships. However, angry clashes and harsh words can lead to hurt feelings and cause damage to relationships.

If you find that anger is getting in the way of being able to see the other person’s point of view, take time out to calm down (e.g. go for a walk, or do some active relaxation such as deep breathing) before trying to deal with the issue. Making angry accusations about the other person will very likely escalate the conflict. Own your own feelings (e.g. “I’m really disappointed and angry about this mess”) rather than attacking others (e.g. “You’re always so selfish”).

**Repair damage and rebuild relationships**

In any family, as in any close relationship, feelings will get hurt. You may say things in the heat of the moment that you don’t mean or wish you hadn’t said. Being ready to apologise, to listen to how the other person feels and to show you appreciate their position is a critical skill for building strong and supportive family relationships.

**Getting help for difficulties**

**Relationship education**

While family relationships can be a great source of strength and support, they can also create stress and frustration. Learning skills for effective communication can help individuals, couples and families to improve the ways they communicate. A number of services provide relationship education for individuals and couples.

**Family counselling**

Unresolved conflicts can escalate or cause ongoing distress. It is often very difficult for family members alone to recognise or change unhelpful relationship patterns. Professional counselling can help couples and families to identify and work through difficulties to improve communication and strengthen relationships.

*Zania Cope—Assistant Principal*

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**RACV ENERGY BREAKTHROUGH**

**“GO-GREEN” DAY**

On Thursday 30th October (this Thursday) we are having a casual dress day to raise funds and sponsor our RACV Energy Breakthrough Team who will be taking part in the Human Powered Vehicle Challenge held in Maryborough in November.

*The theme for the day is to dress in GREEN.*

So please come along and support our team with a gold coin donation. **GO KAPOW!!**