Dear Parents,

Can you help out Cornerstone Contact Centre?

Cornerstone Contact Centre is a faith mission run in the heart of downtown Dandenong. It combines welfare assistance with a Drop In facility to meet the needs of the many disadvantaged people in the area. Cornerstone is trans-denominational being administered by people from a variety of church backgrounds. Cornerstone meets in the old Church of Christ building on the corner of Mason and Walker Sts Dandenong. Cornerstone is recognised as a safe haven for people who live on the fringes of society. It provides a variety of programs that meet the needs of this very multicultural community. Cornerstone provides meals and crisis assistance in the municipalities of Casey and Greater Dandenong for people in the district who have multiple needs.

Impact Steel in Hallam operate a Bond Committee that works to assist the local community (Through this Bond Committee, Impact Steel has given us a donation to assist building a roof over our bike shed – a parent is working on this at present). One of our parents has contacted us as a member of this committee and we feel that Kilberry Valley School community could help them out.

Due to the COLD winter nights – they are in need of extra blankets to assist those who are homeless in Dandenong and surrounding areas. If you have any excess blankets (that are still clean and in good condition obviously) please bring them to the office and we will collect them then give them to Cornerstone Contact Centre. Thank you in advance for your generosity in assisting those less fortunate than us in our local community.

Inclusion Support Program Update

For those of you who are new to Kilberry Valley and for general information to the school community, I am writing to give you an update into the Inclusion Support Program (ISP) that Kilberry Valley entered at the beginning of 2014. This was an exciting challenge set for us when we were asked by DEECD personnel to join the program due to the work we had already begun ensuring effective inclusion of students with Autism into the mainstream schooling at Kilberry Valley Primary School.

We are one of only 15 schools across the state engaged in the ISP’s and all schools are approaching it in different manners. There are regular meetings between schools sharing ideas and approaches and we consistently have staff from other schools coming to see how we are implementing the processes and practices that work at Kilberry Valley.

What are Inclusion Support Programs?

Inclusion Support Programs are a form of specialised provision established in mainstream schools to provide targeted support for students with an ASD. Inclusion Support Programs improve the support available for students with an ASD in mainstream schools by:

- Strengthening a whole-school culture of inclusion, and valuing the individual
- Acknowledging the unique needs of students and modifying curriculum and pedagogy to support them (e.g. Individual Learning Plans (ILPs) developed at Student Support Groups (SSGs))
- Increasing the skills, knowledge and capacity of all staff to support students with an ASD
- Providing additional support and expertise to support the broader school community
Each ISP will be different, as they respond to local need, utilise local knowledge and expertise and plan for the goals of their students and school community.

However, the following elements of ISPs will remain constant. An ISP will:

- Focus on the child and young person first
- Provide leadership from the Principal, Leadership Team and the Inclusion Support Program Coordinator
- Promote inclusion at a whole-school level, ensuring the values of the ISP are consistent school-wide
- Offer, participate in and provide coordinated extensive professional development, aiming to improve the capability of all staff to support students with an ASD
- Provide the channels for meaningful communication and collaboration between all people associated with the support and education of the student with an ASD, with an emphasis on parents and families
- Achieve outcomes through the continued review and implementation of evidence-based pedagogy and curriculum
- Demonstrate a consideration of the physical/aesthetic elements that constitute an ASD friendly environment

More general information can be obtained if you follow the link below:


Currently we have 21 classes across all year levels with students with Autism Spectrum Disorder (ASD) and 50 students across the school with funding for ASD and other reasons. Our Education Support staff work closely with students either individually or in groups. These ES personnel are also extra assistance in classrooms, as though their main focus is on particular students, when the opportunity arises they work also with students who do not have specific funding.

Our Education Support staff are highly trained to work with students with ASD. Teaching staff are undergoing intensive professional development during 2014. This includes group professional development and individual mentoring sessions. The knowledge we are gaining is not only assisting the successful inclusion of students with ASD into a mainstream school setting, but is developing in us all a deeper knowledge of students’ functional behaviours that can be applied to any student.

Many staff are also undergoing professional development courses associated with the ISP which again is deepening our knowledge and skill development to assist all our students’ learning.

This is an exciting time at Kilberry Valley and we are developing as we go to ensure we do provide an inclusive and autism friendly environment for our students.

**Year Four Camp**

Last Thursday I was fortunate to visit the Year Fours as they attended their camp at Phillip Island. What a FREEZING place that can be!! From being blown off the beach by an icy wind that went straight through you, to getting in my car to go home at night and taking the hail off my windscreen to make it a safer drive home there was some inclement weather to be experienced. Through the cold the staff, parents and students were having a great time engaging in activities that stretched their resolve to keep going and attain some wonderful achievements through working together. There was a tremendous air of positivity, encouragement and fun throughout the day and I greatly thank the staff and parents who attended for giving our students this opportunity.

**Footy News**

Top spot is up for grabs as the Hawks take on the Swans this weekend. It should be a massive game and I am sure a close contest. I certainly hope the Hawkers can get it together this weekend on the MCG and show the Sydney siders how to play the game. Go Hawkers – top spot awaits!

Have a great week and keep smiling!

Neil Cunningham
Principal
### Student Birthdays

**21st July to 27th July 2014**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
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<tbody>
<tr>
<td>21st July</td>
<td>Caydence</td>
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<tr>
<td>21st July</td>
<td>Monique</td>
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<tr>
<td>22nd July</td>
<td>Thaynish</td>
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<tr>
<td>22nd July</td>
<td>Jelyzza</td>
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<tr>
<td>24th July</td>
<td>Caleb</td>
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<td>24th July</td>
<td>George</td>
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<tr>
<td>25th July</td>
<td>Yazan</td>
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<tr>
<td>26th July</td>
<td>Chelsea</td>
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<td>26th July</td>
<td>Hiruni</td>
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<td>27th July</td>
<td>Robert</td>
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<td>27th July</td>
<td>Aleesha</td>
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<td>27th July</td>
<td>Lincon</td>
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<tr>
<td>27th July</td>
<td>Disara</td>
</tr>
<tr>
<td>27th July</td>
<td>James</td>
</tr>
</tbody>
</table>

### EDUCATION MAINTENANCE ALLOWANCE (EMA)

New applications for the second instalment of EMA for 2014 are now being taken.

Parents with continuing eligibility, who were paid the first instalment of 2014 through this school **will not** be required to complete a new application for the second instalment.

Parents who have previously provided us with a copy of their healthcare/pension card that does not cover the first date of Term 3 (14th July 2013) will need to bring their new card to the School Office for us to photocopy.

**APPLICATIONS CLOSE ON FRIDAY 25TH JULY, 2014**

LATE APPLICATIONS CANNOT BE ACCEPTED.

If you have any questions please call the School Office on 9702 8688.

### WORKING WITH CHILDREN CHECK

We would like to remind parents who are interested in helping at the school in any way, that you will require a Working With Children Check.

**YOU CANNOT ASSIST IN ANY CAPACITY WITHIN THE SCHOOL UNLESS YOU HAVE A WORKING WITH CHILDREN CHECK. THIS INCLUDES EXCURSIONS, INCURSIONS & CLASSROOM HELP.**

There is no cost involved.

Application forms can be accessed by visiting the Department of Justice website at [www.justice.vic.gov.au](http://www.justice.vic.gov.au) and follow the link for Licences and Certificates.

Once you have received your Working With Children Check card, bring it to the office to register and wear the card whenever you volunteer at the school. This will ensure an even greater level of security for your children.

**THANK YOU**
3/4C is the place to be!!!
Welcome to Our School Raffle 2014
Scouts Victoria’s community service project for all schools across Victoria.
At Kilberry Valley we are very excited to be participating in this raffle for the first time!
Raffle tickets have been sent home with the eldest student in every family.
There are 10 tickets in each raffle book.
Tickets are $2 each and the FANTASTIC news is that we get proceeds of $1.50 for EVERY ticket sold.
WOW!
As a bonus, every raffle book that is returned (sold or unsold) will go into a draw to win a set of noise reducing head phones.
If you can, please support this fundraising activity by selling as many raffle tickets as possible!

Thank you and let’s make this our best fundraiser EVER!
**Healthy Recipe of the Week**

**Mrs Bailey’s Potato Lentil Soup with Greens**

- 1 Tbsp. oil
- 1 large onion, chopped
- 2 large carrots, chopped
- 2 – 3 stalks of celery, chopped
- 2 – 3 red potatoes, cut into cubes
- 2 – 3 cups of a hearty green
- 1½ cups red lentils, rinsed
- 6 cups water or veggie stock
- 1 tsp. cumin
- 2 tsp. turmeric
- ¼ tsp. thyme
- ¼ tsp. oregano
- ¼ tsp. basil
- 2 bay leaves
- 1 tsp. salt (or to taste)
- Lemon juice to taste (about ¼ a lemon)

**Directions:**

Heat oil in a stockpot over medium heat.
Add onions and sauté for 10 – 15 minutes, until caramelized (golden & sweet).
Add cumin to onions and sauté for a minute more.
Add turmeric, thyme, oregano, basil, carrots, celery, potatoes, lentils, water, and bay leaves.
Bring to a boil, then turn down heat to simmer and cook partially covered for about 25 minutes, stirring occasionally.
Lentils will look creamy when done, at that point, add salt and chopped kale.
Simmer, covered, for 5 – 10 minutes until greens are tender.
Add lemon juice and adjust seasonings if necessary.
Serve on its own for a lighter meal, or over a whole grain (i.e. brown rice) for a heartier meal.

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**Breakfast Club**

This FRIDAY there will be FREE toast for ALL students!

**Time:** 8:30-8:55am  
**Day:** FRIDAY mornings  
**Place:** New Gym  
**Cost:** FREE for all students  
10c for all additional meals

We are always looking for parent helpers. If you have a current WWCC (Working With Children’s Check) and would like to help us out on FRIDAY Mornings please contact Mrs Cavanagh in the new Gym. (Please note that this is a non profit program - all money collected is spent on buying items for our Breakfast Club)

PEANUT ALLERGIES: Unfortunately we are unable to offer Breakfast Club to children with nut allergies. Although we do not serve ‘nut foods’, we cannot guarantee that our kitchen is complete ‘Nut Free Zone’. Thank you for your understanding.

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**Heart Foundation Walking Club**

**When:** Every Tues & Thurs @ 9:15am  
**Where:** Outside the front office  
**Contact:** Abi 0423963403

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**WATER & HYDRATION**

Even with the onset of cooler weather, it is still just as important to maintain adequate hydration throughout the day. Water is not only lost on hot days through sweating, but it is also lost through urine, perspiration and breathing during colder months.

The best thirst quencher of all is plain water - it prevents dehydration, does not cause dental caries, has no energy or kilojoules, contains no caffeine and costs nothing. If choosing bottled water, ensure that it does not contain additives or flavourings.

Many drinks, including soft drinks, cordials, wine, beer, tea, coffee and fruit juices, may be high in sugar, alcohol or caffeine. Drinks high in sugar promote dental caries, and children may fill up on sugary drinks while missing out on nourishing foods. Caffeine is inappropriate for children and may interfere with sleep patterns or increase the amount of water lost by the body, causing further dehydration. Alcohol is not recommended for children.

Keep a bottle of water nearby, or a chilled bottle in the fridge, to encourage water consumption. Adding a squeeze of natural lemon, orange or lime juice can also make it more appetising. Also try freezing ice block containers full of 100% fruit juice to flavour water.
After School Care provides a safe environment for children to explore and play

About the program

After School Care promotes a healthy and active lifestyle, encourages friendships and supports children to develop new skills – all while having fun.

Kilberry Valley Primary School has partnered with Camp Australia, the leading provider of before and after school care in Australia. This high quality program embraces the schools values and builds on your child’s educational experience and individual interests.

The program combines active games with planned and unplanned play, quiet time, homework time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia staff who are on a mission to bring smiles to kid’s faces. As trained educators, we know lots of different ways to help your child get the most out of their day and feel good about themselves.

Key information

<table>
<thead>
<tr>
<th>Hours</th>
<th>Times</th>
<th>Full Fee</th>
<th>Out of Pocket*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before Care</td>
<td>7:00 AM - 8:45 AM</td>
<td>$16.37</td>
<td>$5.22 to $8.19</td>
</tr>
<tr>
<td>After Care</td>
<td>3:30 PM - 6:00 PM</td>
<td>$22.96</td>
<td>$7.24 to $11.48</td>
</tr>
</tbody>
</table>

Note: Additional fees apply for casual bookings and Vacation Care onsite/offsite excursions

Next step

Find the after school care link on your school website and click through for more information. or visit www.campaustralia.com.au and enter your school name in the school finder.

Notes on Fees and out of pocket: *

1. The Child Care Benefit (CCB) is income tested and scaled, resulting in a reduction of between 0% and 85% of the fees.
2. The Child Care Rebate (CCR) is income tested and is available to almost all Australian families. It provides a rebate of 50% of fees owing after the CCB has been calculated and considered.

So that the CCB and CCR can be automatically applied to your account you will need to provide your Centrelink Customer Reference Number(s) (CRN/s) during the registration process. These can be obtained from the Family Assistance Office on 13 61 50.

We look forward to caring for your children

www.campaustralia.com.au  1300 105 343
Kilberry Community Carnival Update

We are currently looking for the following:
Stall holders! If you have a home based business or know someone who does, and would like to hold a stall at our Carnival, please send an expression of interest to Jacinta.kcc@gmail.com with your contact details and a description of the goods you would like to sell. No email? Then pick up an expression of interest form at the office & drop it back when completed.
Companies or small businesses that can help with:
general sponsorship to assist with the running of the event,donation of BBQ supplies (sausages, bread sauce etc)
loan of equipment to be used on the day. ie marquees, trestle tables
If you can assist, please also contact Jacinta Parkinson at Jacinta.kcc@gmail.com

Raffle Tickets
Don’t forget, all raffle tickets are due back by 1st August!
Please ensure that you keep the raffle ticket stubs (the large colourful section) of any tickets you purchase and return all others.
Thankyou for your support of this fundraising event.
KILBERRY VALLEY NOTICES SENT HOME
The following notices have been sent home to families and require your prompt attention:

GRADE 1 MELBOURNE ZOO EXCURSION
Final payments and consent forms due by Friday, 8th August, 2014. The cost of the excursion is $28.

Students who do not return consent forms and payments by the closing date for incursions/excursions will not be able to participate in the activity. We would appreciate your support and co-operation with these matters. Thank you.

ABSENCE NOTIFICATIONS

REMKINDER TO PARENTS:
If your child is absent from school, please ring the school office on 9702 8688 on the morning of the absence or send a note with the student on the day they return to school.

CHANGE OF CLOTHING

FOR STUDENTS
We would like to remind parents to provide a change of clothing in children’s school bags (preferably some clean underwear, track suit pants, shorts or a dress).

This is handy for ALL children in ALL grade levels as it makes them feel less stressed if they require a change of clothing owing to an accident. We ask for your co-operation with this matter as our Sick Bay is unable to cope with the large volume of people requiring changes of clothing.

THANK YOU

DIARY DATES—TERM 3
Friday 29th August—Curriculum Day. Students do not attend.

Monday 15th—Thursday 18th September
School Musical

Kilberry Valley Primary School
ADVERTISING

Please Note:
The Department of Education and Early Childhood Development does not endorse the products or services of any private advertisers. No responsibility is accepted by DEECD for accuracy of information.

WELFARE CORNER

Supporting children’s confidence:
Confidence is a key element in the learning process of primary school children, and can have an important impact on their social and emotional development including developing relationships.

Confidence is defined as the level of trust someone has on his or her own judgement, abilities, skills and capacities. A confident child is one who has a realistic and positive perception of their own capacities, enabling them to respond to novel situations in an adaptive meaningful way.

In contrast, children lacking confidence in their abilities sometimes try to avoid certain activities that they consider to be challenging. This tendency to avoid challenging situations may not only frustrate parents and carers but also may stop children from developing skills required to tackle tasks confidently such as building friendships. Lack of confidence can be manifested in children through constant worries about their abilities and performance, reluctance to engage in new activities, and shyness.

Confidence can be built through social interactions between children and their peers. Children gain a sense of their own abilities when they compare themselves to others, learning their strengths and difficulties, and how others respond to these. In these ways, social interactions can influence a child’s confidence levels and his or her willingness to approach novel and challenging situations.

Zania Cope—Assistant Principal

Parents, for the sake of our students, please model good road user behaviour especially around the school.
Children and young people will copy the example you set!