Dear Parents,

Congratulations Cross Country Runners!!

Nine of our students participated in the District Cross Country at Toorak Reserve last Monday. Miss Holmquest reports that all 9 students made her so proud with their efforts. Our results are getting better and better each year due to the increased training we have implemented at school.

Out of the nine students, six of them advanced through to the Regional event at Ballam Park on Monday 16th June at Frankston.

Special congratulations to:

- We also congratulate Kyle 6AH 24th place, Nara 6RB 15th and Jessica C 5CA 16th for their tremendous efforts.

Well done everyone and good luck to the six runners still in the next stage of the Cross Country competition.

Peer Mediation Training

It was great to see the final training session for our 2014 Peer mediators this week. We had 70 new mediators trained this year to add to the year six students trained last year. This is a wonderful number of students who now have more skills to be able to assist others in ensuring they do not get into situations of conflict that can be avoided. These students will be in the yard at recess and lunchtimes so other students can seek them out if they need assistance with minor issues throughout the year. It is great seeing students working together to overcome minor tensions between other students. Peer mediation is a very powerful tool for students to use and I am thrilled we have so many willing to give it a try.

Parent/Teacher/Student Interview

As per our usual practice, we will be conducting the Parent/Student/Teacher interviews the final week of term 2. We will open up the Wednesday afternoon again to allow a large timeslot for you to book in a suitable appointment time. There will be other times across the week that will vary between classes, but the common and main time will be from lunchtime on Wednesday 25th June.

The system will be opened next Wednesday 11th June for you to go to the website and book an interview with your child’s teacher. Please ensure you do it quickly so your preferred time is not taken. Your child will bring home a note next week with the procedure to follow and it will also be posted on the website and our Kilberry Valley Facebook page.

Once again, I have opened times on the Wednesday for any parents who wish to meet with me to discuss any positive observations or ideas you may have regarding the school. I trust you are aware that I am open to discuss any aspect of the school with you at any time. Simply catch me in the yard or make an appointment if the selected times don’t suit you.

Reports Time Is Upon Us – Do You Need A Duplicate Report?

Staff are concluding your child’s report at this time which might explain the blurry eyes! Seriously, this is an important opportunity for staff to communicate with you the progress of your children. We strive to ensure every parent/guardian who is entitled to receive a report receives one. We have a data bank outlining the families that require duplicate reports due specific family matters. If you feel we may not have the correct information due to recent changes to circumstances in your family, please contact the office to let us know your details.

Rebound Wall is painted – Thanks heaps!

You may have noted the rebound wall was painted over the weekend and I greatly thank DorelBrindas, Mihaela Brindas and Amelia Brindas (5AC) for spending their Saturday doing this for us. The Brindas family could not make it to the working bee that was held late term one, but were still determined to get the task done – most appreciated. Our School Pride group of teachers will now organise some murals on the wall to make it an interesting section of the schoolyard.

School Disco

Don’t forget to get your tickets for the school disco to be held on Friday 20th June. I know this will be a very popular event as always. Hope to see you there.

Footy News

That was a little too close! A seven point win over GWS at the MCG was not a great look but the four points will help. Any way you look at it a win is a win, it doesn’t always have to be pretty! It’s a trip to Tasmania this weekend against the Eagles and it would be good to get some injured players back to hold them off. Go Hawkers!

Have a great long week and keep smiling!

Neil Cunningham
Principal
6JM and 6AH were assigned a task that involved making a decision as the Governor of NSW not long after the First Fleet arrived on Australia's shores. The students had to research convicts from the First Fleet from a database to choose three to be pardoned to help build the Colony. Students worked in small groups, used researching skills, ICT skills and had to make decisions based on what they had discovered.

We learned about convicts. The reason why we chose this was because we wanted to learn more about convicts and why they did their crimes. - Clayton

Part of our task of sharing was to ask why we chose who we chose. We took into consideration the age and the skill each convict carried. - Dineth

We explained why the convicts were useful to us. - Dwain

We spent time deciding which convict was the best for the job. - Kiara

We learnt about the convicts that were sentenced, they didn’t steal much but they got sentenced for a long time. - Hariny
Kilberry Café is back for 2014.

What is Kilberry Café?
It's an opportunity to meet other parents and enjoy a chat and a cuppa prior to assembly every Friday. Staff will be available to answer any of your questions regarding things that are happening around the school. And, this year we will have students showcasing some of their work and hosting families that attend Kilberry Café.

SO COME ALONG—WE LOOK FORWARD TO SEEING YOU!
NEW GYM EVERY FRIDAY 2.15-2.45PM
Welcome to Our School Raffle 2014, Scouts Victoria’s community service project for all schools across Victoria. At Kilberry Valley we are very excited to be participating in this raffle for the first time! Raffle tickets have been sent home with the eldest student in every family. There are 10 tickets in each raffle book. Tickets are $2 each and the FANTASTIC news is that we get proceeds of $1.50 for EVERY ticket sold. WOW!

As a bonus, every raffle book that is returned (sold or unsold) will go into a draw to win a set of noise reducing head phones. If you can, please support this fundraising activity by selling as many raffle tickets as possible! Thank you and let’s make this our best fundraiser EVER!
Healthy Recipe of the Week

Mrs. Cope’s Apple and Zucchini Muffins Recipe

Ingredients:
- 2 cups (300g) self-raising flour
- 1/2 cup (100g) brown sugar
- 1 tsp cinnamon
- 2 eggs, lightly beaten
- 1/2 cup (125ml) vegetable oil
- 1 tsp vanilla essence
- 1 cup apple, peeled and grated
- 1 cup zucchini, peeled and grated

Method:
Preheat oven to 180°C (160°C fan-forced). Spray a 12-cup muffin tin with cooking spray. In a bowl, combine the flour, brown sugar and cinnamon. In a separate bowl, mix the eggs, oil, vanilla, apple and zucchini. Pour the wet ingredients into the dry ingredients and use a spatula to turn the mixture until all ingredients are just moist. Spoon mixture evenly into muffin tin and bake for 20-25 minutes.

8 Ways to get Kids to Eat a Varied Diet

1. Enjoy a variety of foods. Serve up a variety of healthy foods each day. These include fruit and vegetables, legumes (such as dried peas, beans and lentils), wholegrain cereals, low fat dairy, lean meat, fish and skinless chicken. Low fat or skim milks are not suitable for children under two years of age. However, for children over two years, low fat milk is recommended.

2. Shop healthy. If you haven’t got a healthy variety in your kitchen pantry or cupboard, you can’t put it on the table. Try avoiding “sometimes” foods such as confectionary in the cupboard as children will then see them as “everyday” foods.

3. Go for quality, not quantity. Children serves may be small. It all depends on their age and appetite. Variety is the important ingredient.

4. Stick to three meals and two snacks every day. Growing children need to be fed regularly and often.

5. Begin their day with a healthy breakfast. It improves concentration, assists learning and builds stamina.

6. Give your children choices. Offer kids a few healthy choices. For instance, ask if they want an apricot or a plum, beans or broccoli, an egg or tuna sandwich.

7. Lunch boxes that go crunch. Skip the chips. Fruits and vegetables make a great snack or lunch box addition. Try corn on the cob, carrots, small Lebanese cucumbers, green beans, cherry tomatoes, celery, stone fruit, grapes or berries.

8. Frozen fruits. Frozen fruits are great for snacks or dessert. Try frozen grapes, bananas, mango wedges or even dried fruit like sultanas.

Source: www.goforyourlife.vic.gov.au

Breakfast Club

This FRIDAY there will be FREE toast for ALL students!

Time: 8:30 - 8:55am
Day: FRIDAY mornings
Place: New Gym
Cost: FREE for all students
10c for all additional meals

We are always looking for parent helpers. If you have a current WWCC (Working With Children's Check) and would like to help us out on FRIDAY Mornings please contact Mrs Cavanagh in the new Gym. (Please note that this is a non profit program- all money collected is spent on buying items for our Breakfast Club)

PEANUT ALLERGIES: Unfortunately we are unable to offer Breakfast Club to children with nut allergies. Although we do not serve ‘nut foods’, we cannot guarantee that our kitchen is complete ‘Nut Free Zone’. Thank you for your understanding.

Heart Foundation Walking Club

Please note that the Walking Club will NOT be held during June. We apologise for any inconvenience and look forward to seeing you in Term 3.

STAY HEALTHY!

HAVE A HAPPY AND HEALTHY WEEK
MRS CAVANAGH
Please help our Breakfast Club!

The volunteers at the KVPS Breakfast Club are proud to announce that we have served 1916 FREE meals this year. These numbers demonstrate the popularity and need for this program amongst our community. It is a wonderful chance for students and families to socialize and make a healthy start to their day.

In order for our Breakfast Club volunteers to continue to offer this essential service we are asking for a donation of 1 food item from each family at KVPS. If you could be kind enough to send 1 of the following items to school we would be extremely grateful.

Please note this donation is optional and only one item per family is required.

As we need a range of products, we ask that each year level please donate a different item.

<table>
<thead>
<tr>
<th>Year Level</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Long-life milk</td>
</tr>
<tr>
<td>Grade 1</td>
<td>Long-life milk</td>
</tr>
<tr>
<td>Grade 2</td>
<td>Honey</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Honey</td>
</tr>
<tr>
<td>Grade 4</td>
<td>Vegemite</td>
</tr>
<tr>
<td>Grade 5</td>
<td>Long-life milk</td>
</tr>
<tr>
<td>Grade 6</td>
<td>Long Life milk</td>
</tr>
</tbody>
</table>

This FRIDAY there will be FREE toast for all students

Time: 8:30 - 8:55am

Day: FRIDAY mornings

Place: New Gym

Cost: FREE

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After School Care provides a safe environment for children to explore and play.

About the program

After School Care promotes a healthy and active lifestyle, encourages friendships and supports children to develop new skills – all while having fun.

Kilberry Valley Primary School has partnered with Camp Australia, the leading provider of before and after school care in Australia. This high quality program embraces the school’s values and builds on your child’s educational experience and individual interests.

The program combines active games with planned and unplanned play, quiet time, homework time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia staff who are on a mission to bring smiles to kid’s faces. As trained educators, we know lots of different ways to help your child get the most out of their day and feel good about themselves.

Key information

<table>
<thead>
<tr>
<th>Hours</th>
<th>Times</th>
<th>Full Fee</th>
<th>Out of Pocket*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before Care</td>
<td>7:00 AM - 8:45 AM</td>
<td>$16.37</td>
<td>$5.22 to $8.19</td>
</tr>
<tr>
<td>After Care</td>
<td>3:30 PM - 6:00 PM</td>
<td>$22.96</td>
<td>$7.24 to $11.48</td>
</tr>
</tbody>
</table>

Note: Additional fees apply for casual bookings and Vacation Care onsite/offsite excursions.

Next step

Find the after school care link on your school website and click through for more information. or visit www.campaustralia.com.au and enter your school name in the school finder.

Notes on Fees and out of pocket:

1. The Child Care Benefit (CCB) is income tested and scaled, resulting in a reduction of between 0% and 80% of the fees.
2. The Child Care Rebate (CCR) is not income tested and is available to almost all Australian families. It provides a rebate of 50% of fees owing after the CCR has been calculated and considered.

So that the CCB and CCR can be automatically applied to your account you will need to provide your Centrelink Customer Reference Number(s) (CRN(s)) during the registration process. These can be obtained from the Family Assistance Office on 13 61 50.

We look forward to caring for your children

www.campaustralia.com.au | 1300 105 343
FRIDAY 20TH JUNE.

PREP – GRADE 2: 4.30 – 5.30 PM
GRADE 3 – GRADE 6: 6.00 – 7.30 PM

TICKETS: $5.00

INCLUDES: DJ, DRINK, PACKET OF CHIPS & GLOW STICKS
LOTS OF FUN GAMES & PRIZES ON THE NIGHT!

ALL TICKETS MUST BE PRE-PURCHASED – NO DOOR SALES
KVPS STUDENTS ONLY
Kilberry Valley Primary School

ADVERTISING

Please Note:
The Department of Education and Early Childhood Development does not endorse the products or services of any private advertisers. No responsibility is accepted by DEECD for accuracy of information.

Welfare Corner

Supporting children with additional needs

Not all children have the same abilities and needs or are able to participate equally at the same level as other children. It is important that those children who may have additional needs receive extra support or encouragement.

It is important to remember that children with additional needs are not just those with obvious physical disabilities which restrict them from doing things. Children with additional needs also include those with serious chronic, developmental or ongoing illness. Depending on the nature of the disability and how it affects the child, it may cause those children to feel different and insecure about fitting in with their peers.

Despite their disability, many children can participate in a variety of ways throughout the school. When the whole school community including other parents, carers, students and the broader community, provides adequate support and understanding to children with a disability, those children are then better able to participate throughout their school and feel included.

How parents and carers can help:

• Encourage your own children to include children of different abilities in their play
• Teach social skills that can help children manage friendships
• Be role models for inclusion by showing through your actions how to be caring and respectful towards others
• Where appropriate, communicate regularly with the school about how your child is progressing.

Zania Cope-Assistant Principal

Kilberry Valley Notices Sent Home

The following notices have been sent home to families and require your prompt attention:

GRADE 6 WINTERSPORTS LIGHTNING PREM
Final payments and consent forms due by Wednesday, 11th June, 2014.
The cost of the excursion is $9.

MELBOURNE MUSEUM FOR PREP CM, PREP PD AND PREP AM
Final payments and consent forms due by Friday 13th June, 2014.
The cost of the excursion is $14.00.

SCHOOL DISCO’S
Final payments and consent forms due by Thursday 19th June, 2014.
The cost of this incursion is $5.00.

GRADE 4 CAMP 2014 - PHILLIP ISLAND ADVENTURE RESORT
Final payments will be due by Wednesday 25th June, 2014.
The approximate cost of the camp is $260.

Students who do not return consent forms and payments by the closing date for incursions/excursions will not be able to participate in the activity. We would appreciate your support and cooperation with these matters. Thank you.

LATE PAYMENTS CANNOT BE ACCEPTED

Thank you to Muntakim (4JR) and his family for their kind donation of Mr Men books to the school library.

HAMPSTEAD PARK AUSKICK
FRIDAY NIGHTS 5PM-6.30PM
Cairns Road Reserve, Cairns Road, Hampton Park Girls and Boys from Prep to Grade 6. All Welcome Cost $67.50 (This cost includes all sessions fees plus NAB Auskick bag with football, cap and other extras)
REGISTER ONLINE AT www.aflauskick.com.au
Or come down on Friday night and sign up
For more information call Co-ordinator-Shaun Isle on 0433 569 384 or Secretary - Shelley Romeike on 0405 494 670

Thank you to all there!

Reminder to Parents:
If your child is absent from school, please ring the school office on 9702 8688 on the morning of the absence or send a note with the student on the day they return to school.