Dear Parents,

**Regional Cross Country**
In cold, wet and rainy conditions 6 students participated in Regional Cross Country at Ballam Park, Frankston.

Results were as follows;
12 year Girls, 3000m  
- Taylah 6RB 22nd  
- Teresa 6KJ 24th

12 year Boys, 3000m  
- Deakyn 6PP 35th  
- Harley 6PP 36th

11 year Girls, 3000m  
- Anisha 6JM 16th

10 year Boys, 2000m  
- Luke 3/4C 31st

Another great effort!!!!
The 3 girls made it to this stage in 2013 and all improved their positions. Teresa improved by 40 places this year!!! What a tremendous effort from everyone. I am told it was typical Cross Country conditions due to the rain over the weekend making it very wet, muddy and slippery.

**Parent/Teacher/Student Interview**
I trust you have all made appointments for next week’s interviews. I look forward to seeing many of you over the interview week.

I remind you that the interview slots are for 10 minutes only. If you require extra time please ensure you contact your child’s teacher and discuss this, so a longer appointment is made, or another time decided.

**School Disco**
Don’t forget to get your tickets for the school disco to be held this Friday 20th June. There are two session times: Prep to Two 4.30 till 5.30pm and Years Three to Six from 6.00 till 7.30pm. Hope to see you there. Tickets are selling fast!!

**Year 6 Roman Empire**
Yesterday our Year Six students participated in a Roman Empire Day.

Following is the information sent to the local newspaper that attended with a reporter and photographer to take some shots and write a story that should be featuring in the local news over the next week.

The students had an amazing day as outlined below. This was a great way to celebrate and consolidate their learning about various historical events.
What did the day involve?

The children gathered in their costumes for an address by the Principal Julius Caesar and set the challenge to see which class would win the day’s competition. “I Julius Caesar declare today to be a momentous day in the life of the Kilberry Roman Empire……….. Today all the sections of Rome before me, will be competing against each other for this crown upon my head. And with it the right to rule Rome!!! Will you accept the challenges and show others that your Roman Class is worthy of this honour?” The students competed in a best dressed competition before heading off to Gladiator School to compete in various physical and team building activities. After Recess the students attended Roman School to brush up on their basic Latin and Roman Numerals and learn how to cook an ancient Roman recipe. The students were also set 4 class activities to compete against the other Grade 6 classes. These were: Making catapults, performing a Julius Caesar skit, making chariots and practising different Roman Army drill formations. After lunch the students attended the amphitheatre to challenge each other to the above activities and see which class would be crowned victorious.

Why did you decide to hold this particular themed day?

The students had been researching different historical topics and learning a variety of skills to add to their investigations. Students looked at WW1, Early Australia and also looked at the Roman Empire. Some students wanted to learn more about the Roman Empire and suggested that we hold a day in which we can dress up and do some different activities that are based on the Roman Empire.

What did the children get out of it and did they enjoy it?

The background history of technology and how the Roman Society worked, education system of Rome, learning about ancient Roman cooking; all to develop their inquiry skills and historical knowledge about the Roman Empire. The students had to research what sort of clothes they wore in the time or famous people and then tried to dress appropriately for the day. Yes they enjoyed the day because they learnt new things and participated in hands on activities and challenges that allowed them to explore how the Romans lived.

What were some of the highlights and why?

Making the Chariots, competing against the other classes in the activities, dressing up and designing the different clothes, and gladiator training. They were all interesting and new things that the students haven’t experienced before at school. It was great to see all the students engaged in their various activities and working together to achieve common goals. 

By Alex Hayes, Grade 6 Teacher Kilberry Valley Primary School.

End of Term

I remind you that Term 2 will conclude on Friday 27th June at 2.30pm. Please ensure you make arrangements for the earlier pick up time.

Footy News

Getting back to form! It was a very solid performance last weekend against Carlton and as we regain further injured players this week I am looking forward to an even better game against Collingwood on Saturday afternoon at the MCG. Go Hawkers!

Have a great week and keep smiling!

Neil Cunningham
Principal
Prep AM Mealii
Prep CA Alvin
Prep CM Filip
Prep KS Nikhil
Prep MU Joshua
Prep PD Mevan
1CS Katie
1LT Thaynish
1RB Jokota
2DK Taqi
2SD Rita
34C Jashandeep
3JP Vikhil
3JW Dayton
3RC Jai T.
3YH Jagtar
4JR Tayissa
4LK Luke
4TT Tyson
5CA Dylan R.
5JS Haidyn
6KJ Jurel
6PP Dulini

Kilberry Café is back for 2014.

What is Kilberry Café?
It’s an opportunity to meet other parents and enjoy a chat and a cuppa prior to assembly every Friday. Staff will be available to answer any of your questions regarding things that are happening around the school.
And, this year we will have students showcasing some of their work and hosting families that attend Kilberry Café.

SO COME ALONG
WE LOOK FORWARD TO SEEING YOU!
NEW GYM EVERY FRIDAY 2.15-2.45PM

Prep AM Mealii
Prep CA Alvin
Prep CM Filip
Prep KS Nikhil
Prep MU Joshua
Prep PD Mevan
1CS Katie
1LT Thaynish
1RB Jokota
2DK Taqi
2SD Rita
34C Jashandeep
3JP Vikhil
3JW Dayton
3RC Jai T.
3YH Jagtar
4JR Tayissa
4LK Luke
4TT Tyson
5CA Dylan R.
5JS Haidyn
6KJ Jurel
6PP Dulini

16th June to 22nd June 2014

Traevon 0CA
Justin 1CS
Jake 1JT
Tanveer 1LG
Marni 1LT
Katelyn 2CT
Zebadiah 2JB
Uj 2SJ
Chloe 3JP
Heshan 4JR
Gathika 4LM
Charli 4TT
Parneet 5JS
Dan 6JM
Jordan 6JM
Kavin 6PP
Thisanka 6PP
Welcome to Our School Raffle 2014
Scouts Victoria’s community service project for all schools across Victoria.
At Kilberry Valley we are very excited to be participating in this raffle for the first time!
Raffle tickets have been sent home with the eldest student in every family.
There are 10 tickets in each raffle book. Tickets are $2 each and the FANTASTIC news is that we get proceeds of $1.50 for EVERY ticket sold.
WOW!
As a bonus, every raffle book that is returned (sold or unsold) will go into a draw to win a set of noise reducing head phones.
If you can, please support this fundraising activity by selling as many raffle tickets as possible!

Thank you and let’s make this our best fundraiser EVER!
NARRE WARREN SOUTH TENNIS CLUB

upcoming tennis events

Our Team at Millennium Tennis Academy would like to invite you to attend any of our fun and exciting children’s tennis programs.

FREE TRIAL TENNIS WEEK
Tuesday 24th to Sunday 29th June

Available Days/Times:
Tuesday, Wednesday, Thursday, Friday: 4pm (4-5yo), 4.30pm (6-8yo),
5pm (9-12yo), 5.30pm (12+yo)
Saturday, Sunday: 9am (4-5yo), 9.30am (6-8yo), 10am (9-12yo), 10.30am (12+yo)

JULY HOLIDAY TENNIS PROGRAM

Our 2 day Holiday Tennis Programs are for children aged 3-16 years and for all levels of ability. Our sessions include on court technical coaching with fun activities and games.

Week 1: Monday 30th June & Tuesday 1st July
Week 2: Thursday 10th & Friday 11th July
9am - 10am (3-5yo) $30
10am - 12pm (6 to 12yo) $60
1pm - 4pm (12+yo) $90

TERM 3 LESSONS

In our structured week to week program children are taught all aspects of the game from stroke fundamentals, skill development and game play in a fun and safe environment.

Cost: From $150 for 8 weeks. Term starting from Tuesday 15th July.

BOOKINGS ARE ESSENTIAL
To register for all programs please contact us

Holiday Program Coordinator:
Anna on 0466 082 013 or email tennis.coach.anna@gmail.com

Free Trial Tennis Week and Term 3 Lessons Coordinator:
Adrian on 0417 591 911 or email info@mtennis.com.au

For more information please visit our website www.mtennis.com.au
Please help our Breakfast Club!

The volunteers at the KVPS Breakfast Club are proud to announce that we have served 1916 FREE meals this year. These numbers demonstrate the popularity and need for this program amongst our community.

It is a wonderful chance for students and families to socialize and make a healthy start to their day.

In order for our Breakfast Club volunteers to continue to offer this essential service we are asking for a **donation of 1 food item from each family at KVPS.** If you could be kind enough to send 1 of the following items to school we would be extremely grateful.

Please note this donation is optional and only one item per family is required.

As we need a range of products, we ask that each year level please donate a different item

<table>
<thead>
<tr>
<th>Year</th>
<th>Item</th>
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<tbody>
<tr>
<td>Prep</td>
<td>Long-life milk</td>
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<tr>
<td>Grade 1</td>
<td>Long-life milk</td>
</tr>
<tr>
<td>Grade 2</td>
<td>Honey</td>
</tr>
<tr>
<td>Grade 3</td>
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<td>Grade 4</td>
<td>Vegemite</td>
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<tr>
<td>Grade 5</td>
<td>Long-life milk</td>
</tr>
<tr>
<td>Grade 6</td>
<td>Long Life milk</td>
</tr>
</tbody>
</table>

**This FRIDAY there will be FREE toast for all students**

**Time:** 8:30 - 8:55am

**Day:** FRIDAY mornings

**Place:** New Gym

**Cost:** FREE

We are always looking for parent helpers. If you have a current WWCC (Working With Childrens Check) and would like to help us out on FRIDAY Mornings please contact Mrs Cavanagh in the new Gym.
Mrs Cavanagh’s Health Corner

LEGUMES

Legumes include:
- split peas, red and brown lentils, kidney beans, chickpeas, cannellini beans, broad beans, three-and four-bean mixes, soya beans and haricot beans (navy beans).

Did you know? Dried legumes are sometimes called pulses.

Legumes are:
- Nutritious: They are nutrient-dense carbohydrate foods and are also a good source of protein, iron and dietary fibre.
- Easy to store: Store dried legumes in their packet or in a screw top jar. Legumes can be frozen once cooked.
- Tasty: They are delicious in soups, casseroles, dips and spreads.
- Inexpensive: They cost far less than other protein foods.
- Easy to prepare: Use legumes straight from the can or soak them before cooking to reduce the cooking time.
- Satisfying: Being filling, they stave off hunger pangs for longer than many other foods. They also help to maintain stable blood sugar levels (good low GI food).

Visit www.nutritionaustralia.org for more recipes!

Breakfast Club

This FRIDAY there will be FREE toast for ALL students!

Time: 8:30-8:55am
Day: FRIDAY mornings
Place: New Gym
Cost: FREE for all students
10c for all additional meals

We are always looking for parent helpers. If you have a current WWCC (Working With Children’s Check) and would like to help us out on FRIDAY Mornings please contact Mrs Cavanagh in the new Gym.

(Please note that this is a non profit program- all money collected is spent on buying items for our Breakfast Club)

PEANUT ALLERGIES: Unfortunately we are unable to offer Breakfast Club to children with nut allergies. Although we do not serve ‘nut foods’, we cannot guarantee that our kitchen is complete ‘Nut Free Zone’. Thank you for your understanding.

Healthy Recipe of the Week

Mrs Taylor’s Sweet Potato Burritos or Tacos

- 1 large sweet potato, grated or diced into small cubes
- 1 large onion, chopped
- 2 cloves of garlic, minced or pressed
- 1 Tbsp. olive oil
- 2 Tbsp. curry
- 2 tsp. cumin
- 1 tsp. chili powder (optional)
- Salt & pepper to taste
- 2 cups black beans, heated
- Grated low-fat cheese
- 1 avocado sliced

Tortilla shells – for either burritos (large) or tacos (small)

Directions:
- Add olive oil to a large skillet and add the onions, sauté until translucent. Add garlic, curry and cumin. Sauté until fragrant.
- Add sweet potatoes and chilli powder. Mix thoroughly. Sauté for a minute or two, stirring continuously.
- Add 1 – 2 Tbsp. of water, cover and cook until sweet potatoes are tender (about 5 to 7 minutes).
- Heat beans, grate cheese, slice avocado.
- Warm tortillas for 5 minutes in the oven or toaster oven. Add sweet potato mixture and beans on to the tortilla shells. Sprinkle with cheese. Add salsa and avocado. Enjoy!

Please email: cavanagh.jacqueline.j@edumail.vic.gov.au with any recipes for healthy meals or lunches.
Kilberry Valley Primary School’s

FRIDAY 20TH JUNE.

PREP – GRADE 2: 4.30 – 5.30 PM
GRADE 3 – GRADE 6: 6.00 – 7.30 PM

TICKETS: $5.00

INCLUDES: DJ, DRINK, PACKET OF CHIPS & GLOW STICKS
LOTS OF FUN GAMES & PRIZES ON THE NIGHT!

ALL TICKETS MUST BE PRE-PURCHASED – NO DOOR SALES
KVPS STUDENTS ONLY
After School Care provides a safe environment for children to explore and play

About the program

After School Care promotes a healthy and active lifestyle, encourages friendships and supports children to develop new skills – all while having fun.

Kilberry Valley Primary School has partnered with Camp Australia, the leading provider of before and after school care in Australia. This high quality program embraces the schools values and builds on your child’s educational experience and individual interests.

The program combines active games with planned and unplanned play, quiet time, homework time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia staff who are on a mission to bring smiles to kid’s faces. As trained educators, we know lots of different ways to help your child get the most out of their day and feel good about themselves.

Key information

<table>
<thead>
<tr>
<th>Hours</th>
<th>Times</th>
<th>Full Fee</th>
<th>Out of Pocket*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before Care</td>
<td>7:00 AM - 8:45 AM</td>
<td>$16.37</td>
<td>$5.22 to $8.19</td>
</tr>
<tr>
<td>After Care</td>
<td>3:30 PM - 6:00 PM</td>
<td>$22.96</td>
<td>$7.24 to $11.48</td>
</tr>
</tbody>
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Note: Additional fees apply for casual bookings and Vacation Care onsite/offsite excursions

Next step

Find the after school care link on your school website and click through for more information. 
or visit www.campaustralia.com.au and enter your school name in the school finder.

Notes on Fees and out of pocket: *

1. The Child Care Benefit (CCB) is income tested and scaled, resulting in a reduction of between 0% and 85% of the fees.
2. The Child Care Rebate (CCR) is not income tested and is available to almost all Australian families. It provides a rebate of 50% of fees owing after the CCB has been calculated and considered.

So that the CCB and CCR can be automatically applied to your account you will need to provide your Centrelink Customer Reference Number(s) (CRN(s)) during the registration process. These can be obtained from the Family Assistance Office on 13 61 50.

We look forward to caring for your children

www.campaustralia.com.au | 1300 105 343