Dear Parents,

Parent Opinion Survey
I greatly thank the families that have returned the Parent Opinion Survey. If you still haven’t got around to it please do so and return it to school tomorrow so we can post the results to the Department by Friday.

ICAS Computer Test Results
The following students obtained a distinction or high distinction in the recent Computer Skills ICAS testing.

**Distinction:** Nimisha Kulkarni, Dhanidu Pinnawala, Maria Silva, Rosmine Sidhu, Luqman Khan, Siluni Rajapaksa, Sasuni Hirimuthugoda, Viranya Samarasinghe, Brayden Hogan, Kavin Karunaratna, Amandi Perera and Inuka Wickramasinghe.

**High Distinction:** Dhanveer Ramnauth

Congratulations to everyone who participated in the recent test and special praise to the above mentioned students.

Thursday 7th August - Australian Mathematics Competition (AMC)
All students enrolled in the AMC test will need to meet on the deck outside the grade 6 classrooms at 7:40am on Thursday 7th August so that we are ready to begin testing at 7:50am.

All students will need to bring a 2B or B pencil and eraser, You are also permitted to bring calculators and paper for working out!

VicSpell Spelling Bee Competition
Next Tuesday evening Kilberry Valley will be hosting the Vicspell Spelling Bee Competition that will involve students from many local and surrounding schools. We have four students competing next Tuesday and I know you will join me in wishing Sasuni Hirimuthugoda 5RF, Braydon Callaghan 5RF, Dulini Athauda 6PP and Jurel Ortencio 6KJ all the best as they represent KVPS in this competition. In advance I also thank Mrs Smith, Mrs Carabott and Mrs Thomas for their organisation and their willingness to host this event.
Tournament of Minds
This is another activity that staff are running to ensure our students have a varied and exciting curriculum. Tournament of Minds (TOM) is a problem-solving program for teams of students from both primary and secondary years across Australia. Mr Hayes and Miss Schiavello are working with a group of Year 5 and 6 students on a variety of problem-solving challenges that will be presented at Deakin University on Sunday, 17th August. This year we have 3 teams representing Kilberry Valley PS and the students have been working diligently and enthusiastically in their teams in preparation for presentation day.
Teams solve open-ended challenges from a choice of disciplines such as Applied Technology, Language Literature, Maths Engineering and Social Sciences. This year's teams have chosen the Language Literature and Social Sciences challenges along with preparing for the Spontaneous Challenge, which is unknown until the presentation day. We wish our teams the best of luck for presentation day!

Footy News
Finally clinched the top spot! A solid win in Tasmania against the Western Bulldogs saw the percentage increase enough to overtake the Swans. Can I be so bold to say that next week Melbourne would need to finish a lot stronger than they did on the weekend to give the Hawkers a fright next Saturday at the MCG? Who knows we may even increase the percentage buffer a little more. Go Hawkers!

Have a great week and keep smiling!

Neil Cunningham
Principal

“The Amazing Chase” SCHOOL MUSICAL

Ticket sales for our School Musical production “The Amazing Chase” will go on sale Monday 11th August.

Notices will be going home on Friday 8th August on how to purchase tickets on line with Try Booking

Please remember that tickets are limited to 2 per family and are priced at $20.00 each.

Performance dates are: Monday 15th September
                            Tuesday 16th September
                            Wednesday 17th September
                            Thursday 18th September.

At the Cardinia Cultural Centre, Lakeside Boulevard, Pakenham.

TICKETS WILL NOT BE AVAILABLE FOR PURCHASE FROM THE SCHOOL OFFICE.
Please contact the office if you require wheelchair access ASAP.
If you have any questions please do not hesitate to contact the School Office on 9702 8688.

From Monday 25th August, there will be no limit to how many tickets can be purchased by any family, subject to availability.

Attention All Parents and Students
Friday 29th August is a Pupil Free Day
No students at school.
We would like to remind parents who are interested in helping at the school in any way, that you will require a Working With Children Check.

YOU CANNOT ASSIST IN ANY CAPACITY WITHIN THE SCHOOL UNLESS YOU HAVE A WORKING WITH CHILDREN CHECK. THIS INCLUDES EXCURSIONS, INCURSIONS & CLASSROOM HELP.

There is no cost involved.

Application forms can be accessed by visiting the Department of Justice website at www.justice.vic.gov.au and follow the link for Licences and Certificates.

Once you have received your Working With Children Check card, bring it to the office to register and wear the card whenever you volunteer at the school. This will ensure an even greater level of security for your children.

THANK YOU
Healthy Recipe of the Week

Mr Clydesdale's Veggie Scramble or Omelet

Ingredients:
- 2 eggs (or 1 egg & 1 egg white)
- 2 Tbsp. liquid (i.e., milk, rice beverage, or water)
- 1/4 cup veggies of your choice
- 1 tsp. olive oil (1 tsp. more for an omelet*)
- 2 Tbsp. onion, diced (optional)
- Dash of salt & pepper

Directions:
1. Break eggs into a bowl, add liquid and whisk eggs. Set aside.
2. In a small frying pan add 1 tsp. oil and when it's at a medium heat add the onions.
3. Sauté onions for a couple minutes, until they are translucent and soft.
4. Add other veggies and sauté for another 5 minutes or until the veggies are cooked how you like them.
5. If making a scramble, pour the egg mix into the pan with the veggies and gently stir until the eggs are done.
6. Add salt & pepper at the end.
7. If making an omelet*, transfer the veggies into a bowl.
8. Add 1 tsp. oil and let heat briefly.
9. Pour the eggs into the pan and swirl to the edges.
10. After about a minute, when the egg is about halfway set, add the veggies on half of the egg.
11. Add salt & pepper.
12. Gently fold the egg side without veggies over onto the veggies. Cook until the egg is done.

Breakfast Club

This FRIDAY there will be FREE toast for ALL students!

Time: 8:30-8:55am  
Day: FRIDAY  
Place: New Gym  
Cost: FREE for all students  
10c for all additional meals  

We are always looking for parent helpers. If you have a current WWCC (Working With Children's Check) and would like to help us out on FRIDAY Mornings please contact Mrs Cavanagh in the new Gym.  

(Please note that this is a non profit program: all money collected is spent on buying items for our Breakfast Club)

PEANUT ALLERGIES:  
Unfortunately we are unable to offer Breakfast Club to children with nut allergies. Although we do not serve 'nut foods', we cannot guarantee that our kitchen is complete 'Nut Free Zone'. Thank you for your understanding.

Heart Foundation Walking Club

When: Every Tues & Thurs @ 9:15am  
Where: Outside the front office  
Contact: Abi 0423963403

Have a happy and healthy week

Mrs Cavanagh

A GREAT WAY TO START THE DAY!

Don't let children skip breakfast

- Children who skip breakfast generally have below average nutrition
- Their diets contain less calcium, iron, dietary fibre and other vitamins
- They will have a poorer concentration level throughout the day at school
- They will have a slower metabolism throughout the day and;
- Less energy to work and play.

Easy ideas:

- Fresh or tinned fruit (in natural juice) with wholegrain breakfast cereal and low fat milk.
- Toast with cheese and tomato, or banana.
- Boiled eggs with finger wholegrain toast.
- Rolled oats with sultanas and low fat milk. Toast with a thin spread of margarine (polyunsaturated or monounsaturated)
- Baked beans on toast
- Tub low fat yoghurt and fresh or tinned fruit

If you are in a real rush, at least send them through the door with a piece of fruit or a slice of toast in their hand and a hot milk drink.
On Tuesday 29th July, as part of their Footprints Project, 6RB had their first visit to Federation Square. They were taken on a journey through the history and inner workings of this Melbourne icon where they gained knowledge and inspiration for drama education and performance making.

**Things we discovered**
The Square is surfaced in cobblestones of coloured Kimberley sandstone, some containing fossils.
In July 1997, Lab Architecture and Bates Smart architects of Melbourne, were awarded the design contract for the Federation Square project.
There is a roof—top garden for local residents and restaurants.
The Square can safely hold at least 10,000 people.
There is a continuously open, publicly accessible space called the Atrium.
There is an amphitheatre for concerts, performances, presentations, discussion and debates.
Kilberry Community Carnival Update

We are currently looking for the following:
Stall holders! If you have a home based business or know someone who does, and would like to hold a stall at our Carnival, please send an expression of interest to Jacinta.kcc@gmail.com with your contact details and a description of the goods you would like to sell. No email? Then pick up an expression of interest form at the office & drop it back when completed.
Companies or small businesses that can help with: general sponsorship to assist with the running of the event, donation of BBQ supplies (sausages, bread sauce etc) loan of equipment to be used on the day. ie marquees, trestle tables
If you can assist, please also contact Jacinta Parkinson at Jacinta.kcc@gmail.com
FUNDRAISING NEWS
OUR SCHOOL RAFFLE 2014

THIS WONDERFUL FUNDRAISING ACTIVITY CAME TO AN END LAST FRIDAY, 1ST AUGUST, SO WE ARE ASKING ALL FAMILIES TO PLEASE RETURN ALL MONIES AND ALL RAFFLE TICKETS (SOLD AND UNSOLD) TO SCHOOL IMMEDIATELY THEY ARE NOW OVERDUE

THANK YOU TO ALL OUR FAMILIES WHO HAVE RETURNED THEIR MONEY AND TICKETS!

YOUR SUPPORT HAS BEEN AMAZING!
An Afternoon With Dad @ KVPS.

Kilberry Valley Primary School would like to invite all fathers or special male friends of our students to attend our ‘Afternoon with Dad’ day on **Friday September 5th 2014** to celebrate Father’s Day. The day will begin after lunch on 5th September where fathers will be invited into the classroom to participate in activities with their child.

*Senior Classes Timetable (Grades 3-6): Fathers will be invited into the classroom from 2:00pm till 2:40 pm and will then be invited to attend the senior school assembly or grab a coffee at 2:45pm on this day.*

*Junior Classes Timetable (Prep, 1, 2): Fathers will be invited into classrooms from 2:30 till 3:30 on this day.

Hope you will be able to attend and spend this afternoon with your child.

Community Involvement PLT @KVPS.
After School Care provides a safe environment for children to explore and play

About the program

After School Care promotes a healthy and active lifestyle, encourages friendships and supports children to develop new skills – all while having fun.

Kilberry Valley Primary School has partnered with Camp Australia, the leading provider of before and after school care in Australia. This high quality program embraces the school’s values and builds on your child’s educational experience and individual interests.

The program combines active games with planned and unplanned play, quiet time, homework time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia staff who are on a mission to bring smiles to kid’s faces. As trained educators, we know lots of different ways to help your child get the most out of their day and feel good about themselves.

Key information

<table>
<thead>
<tr>
<th>Hours</th>
<th>Times</th>
<th>Full Fee</th>
<th>Out of Pocket*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before Care</td>
<td>7:00 AM - 8:45 AM</td>
<td>$16.37</td>
<td>$5.22 to $8.19</td>
</tr>
<tr>
<td>After Care</td>
<td>3:30 PM - 6:00 PM</td>
<td>$22.96</td>
<td>$7.24 to $11.48</td>
</tr>
</tbody>
</table>

Note: Additional fees apply for casual bookings and Vacation Care onsite/offsite excursions

Next step

Find the after school care link on your school website and click through for more information. or visit www.campaustralia.com.au and enter your school name in the school finder.

Notes on Fees and out of pocket: *

1. The Child Care Benefit (CCB) is income tested and scaled, resulting in a reduction of between 0% and 85% of the fees.
2. The Child Care Rebate (CCR) is not income tested and is available to almost all Australian families. It provides a rebate of 50% of fees owing after the CCR has been calculated and considered.

So that the CCB and CCR can be automatically applied to your account you will need to provide your Centrelink Customer Reference Number/s (CRN/s) during the registration process. These can be obtained from the Family Assistance Office on 13 61 60.

We look forward to caring for your children

www.campaustralia.com.au | 1300 105 343
KILBERRY VALLEY NOTICES SENT HOME
The following notices have been sent home to families and require your prompt attention:
GRADE 1 MELBOURNE ZOO EXCURSION
Final payments and consent forms due by this Friday, 8th August, 2014. The cost of the excursion is $28.
GRADE 3 CAMP (MT MORTON)
Consent forms and a non-refundable deposit of $50 MUST be received by this Friday, 8th August, 2014. The final costing for camp will be determined after this date. Final payments will be due by Friday, 12th September, 2014.
THE FLYING BOOKWORM THEATRE (WHOLE SCHOOL INCURSION)
Final payments and consent forms are due by Thursday, 14th August, 2014. The cost of this incursion is $5.

Students who do not return consent forms and payments by the closing date for incursions/excursions will not be able to participate in the activity. We would appreciate your support and co-operation with these matters. Thank you.

LATE PAYMENTS CANNOT BE ACCEPTED

Coming soon!!
New to Kilberry Valley P.S
Martial Arts Class for Beginners.

A New Beginners Class has been added to our current training schedule.
Karate has proven methods to help develop confidence, motivation, fitness, posture and self defense awareness.

Start Date : 12/8/2014

Class Time : Tuesday’s 6.30pm -7.30pm
K.V.P.S : Old Gym Hall
(First lesson Free)

To Reserve your place please call
John MacDonald on 0413 724 012 or WWW.LFP.COM.AU

WELFARE CORNER
Supporting children’s self esteem.
Self-esteem is understood as the ability to recognise one’s strengths, abilities and positive attributes and is considered to be an important part of confidence. Self-esteem is a multidimensional concept describing the feelings children have about their performance in school, friends and peers, physical appearance, abilities, conduct and behaviour.
Children’s self esteem is highly related to the degree to which they feel accepted and valued by peers and adults who are important to them. Thinking styles are also essential in building and supporting a child’s confidence.
Helpful thinking is particularly important in creating coping strategies that prevent children from being discouraged by failure.
Children with a realistic and positive attitude can learn to enjoy challenges and tasks for their own sake and are more likely to challenge their own performance rather than compete and compare with others.
It is inevitable that at some point children will fail to achieve some goal. At these times, parents and carers can provide helpful support and guidance by responding empathically and with encouragement. Parents can highlight previous situations and experiences that were successfully managed by the child, and reflect on the strength and strategies that the child can use to address situations.

Zania Cope—Assistant Principal

DIARY DATES—TERM 3
Friday 29th August – Curriculum Day.
Students do not attend.

Monday 15th–Thursday 18th September
School Musical