Dear Parents,

Welcome Back

I trust you were able to have a great time with your family over the two weeks even though the weather was a little ordinary. I was fortunate to get up to Queensland where the weather was also a little ordinary but certainly warmer and a great place to recharge the batteries for the final term of the year.

Ella and Fella

Once again we finished term 3 at Kilberry Valley with an amazing experience for the school community through the presentation of a wonderfully successful whole school musical. ‘Ella and Fella’ was such fun for the students to perform for you.

Once again I congratulate the students for their tremendous efforts and also thank the parents for your assistance. We could not do such a show without you.

I also give huge, huge thanks and appreciation to the staff. It is an amazing effort to present this type of experience for the students and it is a very unique experience that I have not seen in any other school in which I have worked.

Keep tuned to see what is in store for next year!!

Christmas Concert

An early notice for you to keep Thursday 6th December free for the annual Christmas Concert. More details closer to the time but put it in your diary now! For those new to our school community in 2012, this is always a wonderful community event and a great way to celebrate the end of the year together, so make sure you come along.

Nude Food Day

Next Wednesday the 17th of October is “Nude Food Day”. Nude food refers to packing healthy nutritious meals without the use of any disposable packaging that contributes to landfill. The class with the least amount of wrappers on the day will be awarded a prize. So please pack a healthy lunch with the least amount of wrappers possible!

Kilberry Café – Everyone is welcome

We would like to invite you to the ‘Kilberry Café’ that will commence this week on Friday at approximately 2.15pm. Each Friday before assembly we will be offering a cuppa in the foyer of the new gymnasiurn prior to assembly. If you are coming along to assembly, why not arrive a little earlier and enjoy a cuppa with other members of the school community. If you are not going to the assembly drop in anyway. There will be staff also attending for you to have a chat with and ask any questions you may have. Looking forward to seeing you there.

Footy News

At least I was correct with the two teams to play the Grand Final, but maybe I got the result back to front. What an exciting game of football and a fitting Grand Final.

I may not have liked the result, but I would have to say that certainly the better team won on the day. The relentless pressure the Swans put on every situation was obviously just too much for the Hawks over the line.

Anyway, you can have a rest now from my ravings and have a break until next season – when the Hawks will be there again and hopefully go that one better!!

Have a great week and keep smiling

Neil Cunningham
Principal
Last term was our school musical, ‘Ella and Fella’. Grade 4CS performed on the Tuesday night. At lunchtime, we went in the bus to the Cultural Centre in Pakenham, where we were going to perform that night. We enjoyed being the audience and watching the rehearsal. It was great that we were able to practise on the stage before the actual performance to all the families and friends. The song we sang and danced to was ‘Hernando’s Hideaway’. We had to wear costumes and have stage make-up on. It was great fun and we were all very proud of our performance.

By 4CS
Walk to School

October 2012

Since 2006 Kilberry Valley has proudly participated in the VicHealth “Walk to School Day”. This year VicHealth has made their walk to school initiative a month-long activity. Kilberry Valley and VicHealth want to encourage children and their parents to start walking to and from school on the first day Term 4 and keep it up for each of the 18 school days in October. Walking more, and more often, is a good way to help children adopt healthy habits. It encourages fitness and helps children get the 60 minutes of moderate physical activity they need each day to be healthy and strong. It also cuts down on traffic and the hazards that cars can cause at pick up and drop off times.

Happy walking!!!

Miss Joyce
(Health and PE
Department)

SCHOOL MUSICAL DVD ORDER FORM

“ELLA & FELLA” - $25 EACH
ORDERS ARE NOW BEING TAKEN - GET IN FAST!

NAME.................................................................................................

GRADE..............................................................................................

NIGHT OF PERFORMANCE (please circle)
Mon 17th Sep Tues 18th Sep
Wed 19th Sep Thurs 20th

NUMBER OF COPIES REQUIRED...........................................

AMOUNT ENCLOSED..................................................................

(Cheques should be made payable to Kilberry Valley PS)

PLEASE RETURN ALL ORDERS WITH CORRECT PAYMENT TO SCHOOL BY FRIDAY, 2ND NOVEMBER, 2012
NO LATE ORDERS OR PAYMENTS WILL BE ACCEPTED

FREE TOAST @ BREAKFAST CLUB!

Breakfast Club is offering FREE TOAST to a particular year level each week.
This week all SENIOR STUDENTS (Grades 3-6) who visit Breakfast Club are offered a FREE piece of toast.

Reminder of Breakfast Club details
Time: 8:30- 8:55am
Day: FRIDAY mornings
Place: New Gym
Cost: $0.10 for 1 piece of toast
$0.10 for 1 bowl of cereal and milk
(Please note that this is a non profit program- all money collected is spent on buying items for our Breakfast Club)

PEANUT ALLERGIES: Unfortunately we are unable to offer Breakfast Club to children with nut allergies. Although we do not serve ‘nut foods’, we cannot guarantee that our kitchen is a complete ‘Nut Free Zone’. Thank you for your understanding.

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SCHOOL MUSICAL PHOTO ORDERS

School Musical photos are now available to order. Priced at $10 each they are terrific value! Photos will be on display in the Music Room.
Orders and Payments must be received at the school by Wednesday 31st October 2012
Cheques should be made payable to Calais Photography
ENVELOPE FOR ORDERS ARE AVAILABLE FROM THE OFFICE
NO LATE ORDERS OR PAYMENTS WILL BE ACCEPTED
PLEASE ENCLOSE CORRECT MONEY IN THE ENVELOPE AS NO CHANGE CAN BE GIVEN

SCHOOL BIRTHDAYS

8th October to 14th October, 2012

Alex 0KP
Kayla 0LK
Tyson 1AM
Yuwan 1CH
Kenny 1RC
Raffaele 1RC
Silvana 1TA
Amadhi 1TA
John 2MM
Ranuthi 3JM
Kareem 3JP
Keiana 3SC
Theja 4SM
Kiara 4SW
Darbey 5RB
Lars 5RB
Kaylan 6DR
Parth 6SW
Kilberry Valley Primary School

ADVERTISING

Please Note:
The Department of Education and Early Childhood Development does not endorse the products or services of any private advertisers. No responsibility is accepted by DEECD for accuracy of information.

KILBERRY VALLEY NOTICES SENT HOME

The following notices have been sent home to families and require your prompt attention:

HEALTH EDUCATION (GRADES 5 & 6)
Consent forms and payments MUST be received by Tuesday, 16th October, 2012.
The cost of this incursion is $2

KANGA 8’S CRICKET CARNIVAL (SELECTED STUDENTS)
Consent forms and payments MUST be received by Wednesday, 24th October 2012.
The cost of this excursion is $9

DANCE FOOTSTEPS YEARS 3 & 4
Consent forms and payments MUST be received by Wednesday, 31st October 2012.
The cost of this incursion is $10

Students who do not return consent forms and payments by the closing date for incursions/excursions will not be able to participate in the activity. We would appreciate your support and co-operation with these matters. Thank you.

LATE PAYMENTS CANNOT BE ACCEPTED

REMINDER TERM 4 HATS
A reminder that in Term 4 all students must wear a school approved hat.

KILBERRY CAFE
Kilberry Café will be running every Friday from 2.15 to 2.45pm before Assembly in the Foyer of the New Gym.
Please come along and have a coffee or tea and a chat with staff and parents.

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Human Powered Vehicle Sponsors
We thank the following sponsors for their generosity in proudly sponsoring the HPV team for 2012:

Humanitarian Clowns
(on behalf of Jake 6SW)
RSP Australia
9305 4000
Southern Street Machiners Car Club
(arranged by the Moore family - Jacqueline 5SM & Natalie 2SJ)

CARERS DAY OUT
Cardinia, Casey or Dandenong carers are invited to attend a FREE Carers Week event
Date: Tuesday 16 October 2012
Time: 10am—2pm
Where: Old Cheese Factory
Homestead Road, Berwick
Places are limited and books essential. Please advise any Special needs with your booking.
Contact City of Casey on 9605 5200

SCHOLASTIC BOOK FAIR IS COMING TO KILBERRY VALLEY

MONDAY 22ND OCT TO WEDNESDAY 24TH OCT.
Before School 8.30—9.00am
After School 3.30—4.00pm

PARENT HELPERS REQUIRED
Parents are needed to help at the Book Fair, before and after school. If you are able to help on any of these days, please contact Kay in the Library.

Thank you for your assistance.
Kay Merritt

WELFARE CORNER

Building better family relationships
Children thrive on feelings of belonging and affection that come from having caring and supportive families. Research affirms that the quality of family relationships is more important for children’s wellbeing than the size or composition of the family. Whether families have one parent or two, whether they include step-parents, grandparents or other carers, they can build strong, positive family relationships that promote family wellbeing and support children’s mental health.
The key to developing strong caring family relationships include making relationships a priority, communicating effectively and providing support for each other. However, building and maintaining positive relationships with children and with all family members is not always easy. Different needs arising within the family may create tensions between family members and pressures that come from outside (e.g., work or financial pressures) may also impact on families and children. Sometimes these pressures can make the development of positive family relationships more difficult. Yet, even taking these influences into account, there is much the adult or adults in the family can do to build strong family relationships.

General principles for building better family relationships

- Emphasise positive communication
  Remember that good communication starts with effective listening. Encourage talking by listening actively to other family members so as to understand their perspective.

- Make regular ‘quality time’ a priority
  Families benefit from having time to unwind and relax with one another. Making sure you have un-pressured time to spend doing things you enjoy together makes for positive relationships.

- Offer support
  Appreciate more than criticise one another and be ready to offer help when needed.

Thank you for your assistance.
Kay Merritt