Dear Parents,

Thank You

I would like to thank the parents who spoke to me on Monday morning with information regarding the damage to the school over the weekend. I inform you that the Police are involved and the information we received has been very helpful. I remind you that if you do see anything suspicious happening after schools hours, particularly when the school facilities are being damaged, please ring 000 immediately.

Pupil Free Day 24th May

I remind you to make arrangements for Friday 24th May to have your children occupied, as this will be a Pupil Free Day. Staff will be meeting and working on your children's June reports. These will be distributed to you on Tuesday 18th June and you will be invited to attend Student, Parent, Teacher interviews from Wednesday 19th June to Thursday 27th June to conclude the term. You will be informed shortly of the process to make an appointment. This will once again be an electronic appointment system.

Prep Information Night

We will be holding the Annual Information Night for 2014 students on Wednesday 15th May at 7.00pm in the Gallery. We have advertised around the school and pre-schools but please inform any of your friends that this is a meeting they need to attend if they are interested in finding out about our fantastic school for their children. This will be an informative night where staff and our Student Leaders will be outlining the highlights at Kilberry Valley Primary School.

Mothers Day

I am sure all the mums will be looking forward to a delightful day this Sunday as you are treated to a restful, and love filled day. I greatly thank the parents who have ensured your children have a tremendous selection of presents at the Mothers Day stall tomorrow (Thursday). Thank you so much for your time and effort. Enjoy the day!

Harmony Day

We celebrated Harmony Day at the end of last term and I had the pleasure this week to do a ‘Principal Cam’ with 1CS, 1SD and 3TS to talk about what they had learnt through discussing the meaning of the day. What a delight it was to hear the students talk of their care for others and their desire to make the world a better place. ‘We are all the same on the inside, we just have different experiences and have come from different countries,’ was a reply I received from one student. That certainly sums it up and I am thrilled to be able to spend my day with such insightful and caring young people.

NAPLAN

This national testing program will commence next week with tests on Tuesday Wednesday and Thursday for all Year 3 and 5 students. Please ensure your child is at school on time ready to participate in these activities.

Footy News

The Hawks snuck in again but I couldn’t really say they are playing at their peak. This week will certainly be a test and set the mark to where the team is performing at this time of the year. Hopefully the table can be turned and it will be a wonderful Saturday night at the MCG getting one back on the Swans.

Have a great week and keep smiling!

Neil Cunningham
Principal
In Investigation time I like going to the construction area because I can make things from boxes and materials!

In the collage area we made under the sea pictures using lots of colourful materials (feathers, matchsticks, coloured paper, foam shapes and sequins).

We made a house with lots of moving parts!
6th May to 12th May, 2013

Roopneet 0CS
Arun 0CS
Aishwarya 1JT
Sohail 2CC
Xavier 2CT
Chelsea 2MM
Jeshuah 2MM
Loren 2MM
Dhanidu 2RC
Denzien 3RC
Hannah 3RC
Zeah 3TS
Tysyn 4DR
Cassandra 5LT
Lauren 5TT
Ibrahim 6AH
Nihar 6AH
Mikala 6AM

Breakfast Club

This FRIDAY there will be FREE toast for all Grades 3-6 students

Time: 8:30 - 8:55am
Day: FRIDAY mornings
Cost: 20c for 2 pieces of toast
      20c for 1 bowl of cereal and milk

We are always looking for parent helpers. If you have a current WWCC (Working With Children’s Check) and would like to help us out on FRIDAY Mornings please contact Mrs Cavanagh (in the new Gym).

Peanut allergies: Unfortunately we are unable to offer Breakfast Club to children with nut allergies. Although we do not serve ‘nut foods’, we cannot guarantee that our kitchen is a completely ‘Nut Free Zone’. Thank you for your understanding.

Mother’s Day Stall—tommorrow

Our Mother’s Day Stall will be held TOMORROW. We have some lovely gifts for purchase for $5 only.

The canteen will be open for lunch orders only on this day. No counter sales!

Prep CA
Prep CM
Prep CS
Prep JB
Prep LO
Prep PD
Prep RB
1CS
1CT
1JT
1SD
2CC
2CT
2KM
2SJ
3JM
3RC
3SC
3TS
4DR
4JP
4JW
4RB
4SB
5JS
5KR
5CA
5TT
6AH
6LC
6SW
P.E.
P.E. (3-6)
P.E. Health

Annie
Disara
Eric
Jackson
Heidi
Jake
Heron
Jasmine
Matthias
Rusandi
Jenni
Linara
Kira
Joshua
Jarryd
Troy
John
Lily
Indy
Ella
Suran
Braydon
Miah
Caleb
Yi Tong
Gayavee
Nihar
Kohan
Shawn
Tyler PCS
Jessica 6SW
Martha 3TS

Kilberry Community Library Sessions

Kilberry Valley Primary School would like to invite parents with preschool children aged between 3-5 years old to attend a Story Time session and general book browsing in our school library.

A story will be read at 3:00pm in the library and the session will finish at 3:25pm.

When: 3:00pm-3:25pm

Term 2 dates are scheduled for:

Friday 10th. May
Friday 17th. May
Friday 31st. May
Friday 7th. June
Friday 14th. June
Friday 21st. June

Please note children must be accompanied by an adult during the sessions.

For any further information contact: 9702 8688
DIARY DATES – TERM 2 2013

Tomorrow - Mother’s Day Stall
Wednesday 15th May - Prep 2014 Information Night
Friday 24th May - Curriculum Day
(Members DO NOT attend)
Monday 10th June - Queen’s Birthday Public Holiday
(Members DO NOT attend)

Kilberry Valley Primary School

ADVERTISING

Please Note:
The Department of Education and Early Childhood Development does not endorse the products or services of any private advertisers. No responsibility is accepted by DEECD for accuracy of information.

Welfare Corner

Sleep
Sleep has a big impact on health. Children need enough sleep to help them grow, ward off sickness, think clearly and remember things, and fend off bad moods. Children who are well-rested are more likely to have the energy needed for exercise and being active. Additionally, getting enough sleep can help your child learn better and have better memory. When you’ve had enough sleep (no matter what your age) you’re also more likely to make healthy eating choices. When you’re well-rested, you can remember your healthy eating goals and have the energy to follow through by taking the extra moment to choose nutritious food.

But starting from a young age, we want to cram in as much as possible into each day. Who hasn’t seen a baby fighting sleep to the point of falling asleep in their plate of food or at play? The trend continues as children get older and beg to stay up for another TV show. It’s up to you as a parent to encourage enough sleep for children to help keep them healthy, active, and happy. The trick is to knowing how much sleep children need based on their ages.

How Many Hours of Sleep Do Children Need?
Sleep needs vary from child to child, but the following are general guidelines from the National Sleep Foundation:

- * 3 to 5 years old: 11 to 13 hours per day
- * 5 to 12 years old: 10 to 11 hours per day
- * 12 to 18 years old: at least 8 1/2 hours per day

How can parenting teens be easier and fun?
If your child needs sleep help, the good news is that parent interventions are almost always effective. Here are some tried-and-true methods to ease the way to sleep for kids.

- Make sure your child is in sleep mode and prepared for bed at the proper time. Turn off electronics at least one hour before bedtime. If your child has a TV in her bedroom, seriously consider moving it out. Research shows that children who have a television in their bedrooms tend to sleep less.
- Create a calming night time routine. Winding down each night with the same calm routine e.g. bath, book, tooth brushing, signals that it’s time for sleep, especially for younger children.
- Be consistent with bedtime and rising. Don’t relax sleep rules or when you’re shopping…

How parents can help ensure sleep for their children
If your child needs sleep help, the good news is that parent interventions are almost always effective. Here are some tried-and-true methods to ease the way to sleep for kids.

- Make sure your child is in sleep mode and prepared for bed at the proper time. Turn off electronics at least one hour before bedtime. If your child has a TV in her bedroom, seriously consider moving it out. Research shows that children who have a television in their bedrooms tend to sleep less.
- Create a calming night time routine. Winding down each night with the same calm routine e.g. bath, book, tooth brushing, signals that it’s time for sleep, especially for younger children.
- Be consistent with bedtime and rising. Don’t relax sleep rules on weekends or for homework. If your child is permitted to fight off sleep once, it’s going to increase their interest in doing so again.

GETTING TEENS ON TRACK - Teens/Preteens aged 11+

Is your teenager not listening to you? How can parenting teens be easier and fun? Where’s the balance between rules and independence? Come along and join other parents/carers to discuss experiences, ideas and learn strategies in a relaxed, friendly place.

When: Tuesdays for 6 weeks
30th April – 4th June 2013
7.00pm – 9.00pm

Where: Turning Point Family Church
Meeting Room
1785 South Gippsland Hwy
 Cranbourne (Melways: 138 E1)

Bookings: Sandra Phillips (nee Kelly) at Parentzone
Enquiries: Ph: 1300 984 011 or 0447 500 335
Sandra.kelly@anglicarevic.org.au or Karen Davis at Turning Point 5996 3048

WARDROBE WISDOM

How to keep your child’s wardrobe in shape

- Get your child involved in choosing their clothing
- Encourage them to take ownership of their clothes
- Make sure their wardrobe is tidy
- Teach them how to fold and store their clothes

These tips will help ensure your child’s wardrobe is always in shape.

KILBERRY VALLEY NOTICES SENT HOME

The following notices have been sent home to families and require your prompt attention:

BILLY CARTS INCURSION - PREP STUDENTS
Final payments will be due by Friday 10th May, 2013. The total cost of the incursion is $7.

DISTRICT CROSS COUNTRY – (SELECTED STUDENTS IN GRADES 4-6)
Final payments will be due on Monday, 20th May, 2013. The total cost of the excursion is $6.

GRADE 6 WINTER SPORTS – LIGHTNING PREMIERSHIP
Final payments will be due by Monday 3rd June. The cost of the excursion is $9.

GRADE 4 CAMP
Final payments will be due by Friday, 28th June (last day of Term 2). The approximate cost of this camp is $255.

Students who do not return consent forms and payments by the closing date for incursions/excursions will not be able to participate in the activity. We would appreciate your support and co-operation with these matters. Thank you.

LATE PAYMENTS CANNOT BE ACCEPTED