Dear Parents,

End of Year Dismissal
I remind you that we will be dismissing on the final day of term, Friday 21st December, at 1.00pm. Please ensure you make suitable arrangements to collect your children at this earlier time.

Final Assembly
We will be conducting the final assembly for the term on Friday at 11.40am. You are most welcome to attend.

Farewell and Thank You
At this time each year we acknowledge the efforts of staff who are leaving us. This year I greatly thank Julie Redpath, Michelle Roberts, Lauren Keay and Abbey McMillan for their tremendous efforts at Kilberry Valley Primary School. I wish you all the best at your new schools. We also thank Kristen Patton for her time at Kilberry and wish her the best with the impending birth of her first child.

School Resumes on 30th January 2013
School will resume for students on Wednesday 30th January for all students. After that week our Prep students will attend on Mondays, Tuesday, Thursdays, and Friday for the month of February. Staff will be attending prior to that day.

What a Great Effort
I recently had the pleasure of receiving information regarding the exploits of one of our students and his sporting success. Braydon (3JP) started Go Karting in 2011 at the age of 7. He is a member of the Oakleigh Go Kart Racing Club and has been crowned the 2012 OGGRC Cadet Champion last Saturday. He drives an Italian OTK Fernando Alonso Chassis with an 80cc blueprinted 2 stroke race engine. Karting has helped Braydon with discipline and self-control as it takes tremendous determination and skill to drive at 95kmph and be consistent. He enjoys bonding with his dad at the track on most weekends. Braydon started his racing career at the start of 2012 season and has won 8 races and the 2012 club championship. He also raced at the 2012 Australasian Titles and finished a respectable 9th place. Then he raced in the 2012 National Junior Sprint Classic held at the Hume International Raceway (Puckapunyal) in October and finished on the podium in 3rd place. Congratulations Braydon - we will watch your career with interest.

Cricket News (For a change)
It looks like an interesting Summer of cricket that will engage our school community. With one Test in the bag already, I predict Australia will come out on top of Sri Lanka over the series – some great games ahead I hope!

Thank You and Happy Christmas
I thank the school community for another wonderful year at Kilberry. I am certainly blessed to be able to spend the day with your children and our wonderful staff. A huge thanks to all members of staff for their undying desire to go that bit extra to ensure your children get the best opportunities to develop. I am confident 2013 will bring even more success and avenues for our students to forge ahead.

I trust you have a wonderful Christmas with your families and the holiday season is kind to you. This is a time to rest, recharge and come back in 2013 fired up and ready to achieve!!!

Have a Happy and Holy Christmas, and keep smiling!

Neil Cunningham
Student Birthdays
17th to 31st December, 2012

Shannel 0JB
Ali Farzad 0RB
Kyra 1CH
Dimanthing 1RC
Mobin 1RC
Karam 2CC
Jassnoor 2RC
Sakhu 3JW
Ashiru 3JW
Orlando 3JW
Mehmet 3SC
Zinab 3SC
Jessica 4CS
Sethumi 4CT
Jack 4CT

Nisal 4JT
Ryan 4SM
Shevon 4SW
Brodi 4SW
Caleb 5JR
Ali 5RB
Daniel 6AH
Jaisha 6AH
Kain 6AH
Jonathan 6AH
Deni 6AM
Bronte 6AM
Jack 6AM
Jacinta 6DR
Kimberly 6DR
Christopher 6DR
Natalie 6SW
Faiza 6SW
BOOKPACKS & PARENT CONTRIBUTIONS 2013—
HURRY! HURRY! HURRY!
THIS IS YOUR LAST CHANCE TO
PURCHASE BOOKS FOR NEXT YEAR!!!

We would like to remind ALL families that
TOMORROW is your last chance to purchase books
for the 2013 school year.

The cost of the book pack across all year levels is
$125 per student, which is excellent value and the same cost
as the 2012 book pack.

All supplies will be distributed to the
classroom teacher in January 2013.

The Curriculum Resource Contribution is $65 per
student ($60 if paid by the end of the 2012 school year).
This contribution ensures that high quality programs
will continue to be provided to your child.

Payments can be made via the following methods:
Cash, Credit Card, Cheque, EMA (credit balance only)
or Direct Deposit:
Kilberry Valley BSB: 063 616 Account No. 1012 2885
If paying via direct deposit, please contact the school
for your family’s individual code.
If you have any questions regarding these matters please
do not hesitate to contact the School Office on 9702 8688

EDUCATION MAINTENANCE ALLOWANCE

EMA Applications are ready to be completed for 2013.

To be eligible for EMA, you must be the holder of a current Centrelink pension,
allowance or benefit, that is a holder of Veterans Affairs Gold Card, or Health Care
Card, or Pensioner Concession Card, be a Veteran Affairs Pensioner, or be a
(temporary) foster parent. Eligibility dates (as per stated on card):

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Term 3</th>
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<tbody>
<tr>
<td>29th January 2013</td>
<td>15th July 2013</td>
</tr>
</tbody>
</table>

To apply for 2013 EMA please complete the new EMA Application Form (available
from the School’s Administration Office) and present your Health Care or Pension
Card for photocopying.

WE HOPE THAT EVERYONE HAS A HAPPY AND SAFE
CHRISTMAS AND RETURNS REFRESHED FOR A
SUPER YEAR IN 2013!

GOODBYE AND GOOD LUCK TO ALL OUR GRADE 6
STUDENTS WHO WILL NOW START THEIR JOURNEY
THROUGH SECONDARY SCHOOL.
WE WILL MISS YOU!
Kilberry Valley Primary School

ADVERTISING

Please Note:
The Department of Education and Early Childhood Development does not endorse the products or services of any private advertisers. No responsibility is accepted by DEECD for accuracy of information.

KILBERRY VALLEY NOTICES SENT HOME

The following notices have been sent home to families and require your prompt attention:

SWIMMING TRIALS (GRADES 3-5 IN 2012)
Payments and consent forms MUST be returned by tomorrow, 20th December, 2012. The cost of this excursion is $6.50. PLEASE NOTE THAT CHILDREN INVOLVED IN THIS ACTIVITY MUST BE ABLE TO CONFIDENTLY SWIM 50 METRES CONTINUOUSLY.

GRADE 6 CAMP 2013
Final payments for camp MUST be received by Monday 4th February, 2013. The cost of the camp is $270.

Students who do not return consent forms and payments by the closing date for excursions/excursions will not be able to participate in the activity. We would appreciate your support and co-operation with these matters. Thank you.

LATE PAYMENTS CANNOT BE ACCEPTED

NEWSLETTER ONLINE
KVPS families can view our Valley Views Newsletter online.

To do this you need to follow these simple steps:
- Log on to our website—www.kilberryps.vic.edu.au
- On the home page click on “subscribe to Newsletter”
- Enter your email details and follow the prompts.

You will be notified when the newsletter is available via email to view it on our website. Every hit on the site earns points towards books for our school and you are helping save the environment!

FRIDAY
21ST DECEMBER
LAST DAY OF TERM
SCHOOL FINISHES AT 1PM

WELFARE CORNER

How anxiety problems affect children

Fearful and anxious behaviour is common in children. Most children learn to cope with a range of normal fears and anxieties. However, extra help may be needed in the following situations:

When children feel anxious more than other children of their age and level.

When anxiety stops them participating in activities at school or socially.

When it interferes with their ability to do things that other children their age do easily.

When children become anxious more easily, more often and more intensely than other children they may be diagnosed with an anxiety disorder. The most common anxiety disorder in children of primary school age are Phobias, Generalised Anxiety Disorder and Separation Anxiety.

What you might see in a child with anxiety problems

<table>
<thead>
<tr>
<th>A child with anxiety problems may:</th>
<th>What parents and carers might notice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seek reassurance often</td>
<td>Clings to parent or carer</td>
</tr>
<tr>
<td></td>
<td>Asks for help with things they can do for themselves</td>
</tr>
<tr>
<td>Avoid situations they feel worried or scared about</td>
<td>Doesn’t want to get ready for school</td>
</tr>
<tr>
<td></td>
<td>Won’t go to sleep without parent or carer</td>
</tr>
<tr>
<td>Try to get others to do the things they are worried about</td>
<td>Asks “will you do it for me? a lot</td>
</tr>
<tr>
<td></td>
<td>Asks “will you tell them for me?”</td>
</tr>
<tr>
<td>Tell you they have physical pain</td>
<td>Often complains of stomach pains or headaches</td>
</tr>
<tr>
<td>Dislike taking risks or trying new things</td>
<td>Worries a lot about doing things right</td>
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<tr>
<td></td>
<td>Prefers to watch others rather than have a go</td>
</tr>
<tr>
<td>Have lots of fears</td>
<td>Scared of the dark, dogs, injections, being alone, germs, tests etc</td>
</tr>
<tr>
<td>Get upset easily</td>
<td>Often cries over small things</td>
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<tr>
<td></td>
<td>Complains “he’s teasing me” a lot</td>
</tr>
<tr>
<td>Have lots of worries</td>
<td>Always sees the dangerous side of everything</td>
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</tbody>
</table>