Every Tuesday PRB have PMP with Miss Holmquest, Mrs Barratt and the Grade 6 helpers.

**WHAT IS PMP?**

It is a Perceptual Motor Program that aims to develop a child's perceptions and understandings of him/her self and his/her world through movement and motor experiences.

It aims to give the students experiences in seeing, hearing, touching, processing, making perceptual judgements and reacting through carefully sequenced activities which children enjoy doing, like running, hopping, skipping, jumping, balancing, crawling, climbing, throwing, catching, bowling, sliding, etc., using a variety of common and specially designed equipment.

As a result, confidence grows, problems are solved, language skills develop and the fundamental sports skills are learned which will enable the students to move competently into the major games and activities.