Healthy Living Day 2012

Healthy Living Day is an annual event where the children of Kilberry Valley Primary School embrace the importance of physical activity and healthy eating. The day included the following healthy activities:

- Zumba Challenge lead by a professional instructor
- Food Sampling- Yummy toasted cheese and tomato melts
- The Great Health Swap
- And many other activities and competitions for the day!

Grade 3 and 4’s working hard at the Zumba Challenge!

Preps sampling our healthy cheese and tomatoes toasted sandwiches!

Many other healthy activities throughout the day including The Great Health Swap and the Health Star!