

## Supporting children's learning at home and school

For some areas of learning, children may need lots of support. This is especially the case when they are learning new things. As children's abilities develop, they gradually become more independent in their learning and parents and carers can start to reduce their direct involvement.

Parents and carers can assist children to think through tasks to support their learning and build independence. Teaching children thinking skills can also help children to become independent thinkers and learners. This can involve developing a set of day-to-day practices, attitudes, beliefs and interactions that support learning at home.

Some other ways parents and carers can support their children's learning include;

- Provide a challenge that is **just** beyond what your child can already do easily by him or herself
- Giving prompts
- Asking questions
- Showing the steps involved
- Praising your child for attempting the task, not just for succeeding
- Watching to see if your child is struggling or becoming frustrated, as these may be signs that the task is too hard.