

Making a positive transition to school:

Making a positive start to the school year is important for children and their families and teachers. Children who make a positive start to the school year are more likely to feel:

- Comfortable, relaxed and valued;
- Good about themselves as learners; and
- A sense of belonging within the school community

Beginning a school year involves changes for children and they can experience many feelings of excitement through to nervousness. Supporting children during their transition to their new class is important because making a positive start to the school year promotes children's capacity to learn and make and maintain friendships.

Parents and carers play an important role in supporting children to manage the transition to their child's new class at school. Parents can help their children to feel confident about starting school and help them to cope with new social and emotional challenges that a new class brings.

Some other things that parents and carers can do to help children include;

- Speaking positively and enthusiastically about school
- Listening to your child's concerns and reassuring them that it is okay to feel nervous about change
- Answer any questions they may have